

Hallie Sarah Tannahill

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EDUCATION

Utah State University, Logan, UT January 2020 – Present
Anticipated Doctor of Philosophy in Combined Clinical/Counseling Psychology GPA: 4.0

Utah State University, Logan, UT August 2017 – January 2020
Master of Science in Combined Clinical/Counseling Psychology GPA: 4.0
Master's Thesis: "*Biological Sex as a Moderator of the Association of Military Sexual Trauma and Posttraumatic Stress Disorder Total and Symptom Cluster Severity*"
Advisor: Rebecca K. Blais, PhD

Temple University, Philadelphia, PA August 2011 – May 2015
Bachelor of Arts in Psychology with Honors GPA: 3.98
Summa Cum Laude
Honors Senior Thesis: "*Negative Life Events and Depressive Symptoms: The Moderating Role of Gender*"
Advisors: Lauren B. Alloy, PhD; Jessica L. Hamilton, MA

HONORS & AWARDS

Armed Forces Health Professions Scholarship Recipient May 2019
Selected to direct-commission into the US Air Force as a Second Lieutenant

Military Psychology Special Interest Group (ABCT) Student Poster Award November 2018
Selected to give oral presentation during annual ABCT conference meeting

Temple University Diamond Research Scholars Award May – July 2014
Awarded a \$4,000 stipend to complete a research project over the course of 10 weeks

Temple University Psychology Honors Program August 2013 – May 2015
Selected to participate in the competitive honors program for psychology

Temple University Honors Program August 2013 – May 2015

Temple University Dean's List (each semester) August 2011 – May 2015

PUBLICATIONS

In Preparation/Under Review

Tannahill, H. S., Andresen, F. J., & Blais, R. K. Deconstructing the Veterans Health Administration military sexual trauma screen: Threatened/forced sexual assault is associated with worse mental health outcomes. Manuscript in preparation.

Tannahill, H.S., Fargo, J. D., & Blais, R. K. (2020). Biological sex as a moderator of the association of military sexual trauma and posttraumatic stress disorder total and symptom cluster severity. Manuscript under invited revision.

Published

- Tannahill, H.S.**, Livingston, W. S., Fargo, J. D., Brignone, E., Gundlapalli, A. V., & Blais, R. K. (2020). Gender moderates the association of military sexual trauma and risk for psychological distress among VA-enrolled veterans. *Journal of Affective Disorders*, 268, 215-220.
- Brown, L. A., Yusko, D., **Tannahill, H. S.**, & Foa, E. B. (2018). Prolonged exposure therapy for posttraumatic stress disorder. In C. B. Nemeroff & C. Marmar (Eds.), *Post-traumatic stress disorder* (pp. 561-578). New York, NY: Oxford University Press.
- McLean, C. P., Rauch, S. A. M., Foa, E. B., Sripada, R. K., **Tannahill, H. S.**, Mintz, J., ... Peterson, A. L. for the STRONG STAR Consortium and the Consortium to Alleviate PTSD (2017). Design of a Randomized Controlled Trial Examining the Efficacy and Biological Mechanisms of Web-Prolonged Exposure and Present-Centered Therapy for PTSD among Active-Duty Military Personnel and Veterans. *Contemporary Clinical Trials*, 64, 41-48.
- Zang, Y., Gallagher, T., McLean, C. P., **Tannahill, H. S.**, Yarvis, J. S., Foa, E. B., and the STRONG STAR Consortium. (2017). The impact of social support, unit cohesion, and trait resilience on PTSD in treatment-seeking military personnel with PTSD: The role of posttraumatic cognitions. *Journal of Psychiatric Research*, 86, 18-25.
- Asnaani, A., Kaczurkin, A., **Tannahill, H.**, Fitzgerald, H. (2016). Moderators of change in social anxiety during CBT in a transdiagnostic, naturalistic treatment-seeking sample. *Journal of Experimental Psychopathology*, 7, 656-670.

PRESENTATIONS

- Tannahill, H. S.**, & Blais, R. K. (2020, August). *The role of gender on the association of military sexual trauma and posttraumatic stress, depressive, and suicidal ideation symptoms*. Poster presented virtually due to COVID-19 at the annual convention of the American Psychological Association (APA).
- Tannahill, H. S.**, Fargo, J. D., & Blais, R. K. (2019, November). *Gender moderates the association between military sexual trauma and posttraumatic stress disorder symptom cluster severity*. Poster presented at the Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, Atlanta, GA.
- Tannahill, H. S.**, Livingston, W. S., Fargo, J. D., Brignone, E., Suo, Y., Gundlapalli, A. V., & Blais, R. K. (2019, October). *Biological sex moderates the association of military sexual trauma and risk for depression and PTSD diagnoses among VA-enrolled veterans*. Poster presented at the Annual HSR&D/QUERI National Conference, Washington, D.C.
- Tannahill, H. S.**, Livingston, W. S., Fargo, J. D., Brignone, E., Suo, Y., Gundlapalli, A. V., & Blais, R. K. (2018, November). *Biological sex moderates the association of military sexual trauma and risk for depression and PTSD diagnoses among VA-enrolled veterans*. Oral presentation and poster presented at the Association for Behavioral and Cognitive Therapies (ABCT) Military Psychology Special Interest Group Annual Convention, Washington, D.C.
- Livingston, W. S., Fargo, J. D., Gundlapalli, A. V., **Tannahill, H. S.**, & Blais, R. K. (2018, November). *PTSD and depression diagnoses mediate the association of military sexual trauma and suicide risk in VA-enrolled*

- Iraq/Afghanistan veterans*. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Washington, D.C.
- Yusko, D., **Tannahill, H.**, Brumfield, R., & Foa, E. B. (2017, April). Philadelphia trauma initiative: Experiences with disseminating prolonged exposure therapy to community mental health clinics in urban Philadelphia. In D. Yusko (Chair), *From the lab to the world: Is it possible to do prolonged exposure for PTSD in "real clinics"?* Symposium conducted at the Anxiety and Depression Association of America (ADAA) Annual Conference, San Francisco, CA.
- Tannahill, H. S.**, Zang, Y., Gallagher, T., McLean, C., Yarvis, J., Foa, E. B., & the Strong Star Consortium. (2016, November). *The impact of social support and resilience on PTSD and depression: The mediating role of posttraumatic cognitions*. Poster presented at International Society for Traumatic Stress Studies (ISTSS) 32nd Annual Meeting, Dallas, TX.
- Tannahill, H. S.**, Asnaani, A., Zang, Y., & Foa, E.B. (2016, November). *Screening PTSD with the CPSS-5 and addressing barriers to assessment and care*. Poster presented at International Society for Traumatic Stress Studies (ISTSS) 32nd Annual Meeting, Dallas, TX.
- Tannahill, H. S.**, Asnaani, A., Zhong, J., & Foa, E. B. (2016, October). *The impact of individualistic and collectivistic value orientations on anxiety-related psychopathology*. Poster presented at the Association for Behavioral and Cognitive Therapies (ABCT) 50th Annual Convention, New York, NY.
- Tannahill, H. S.**, Asnaani, A., Zang, Y., Capaldi, S., Yeh, R., & Foa, E.B. (2016, October). *Psychometric properties of the CPSS-5*. Poster presented at the Association for Behavioral and Cognitive Therapies (ABCT) 50th Annual Convention, New York, NY.
- Fitzgerald, H., **Tannahill, H.**, Kaczurkin, A., Asnaani, A. (2016, October). *Moderators of change in social anxiety during CBT in a transdiagnostic, naturalistic treatment-seeking sample*. Poster presented at the Association for Behavioral and Cognitive Therapies (ABCT) 50th Annual Convention, New York, NY.
- Tannahill, H. S.**, Asnaani, A., Zhong, J., & Foa, E. B. (2016, April). *The impact of individualistic and collectivistic value orientations on anxiety-related psychopathology*. Poster presented at the Anxiety and Depression Association of America (ADAA) Annual Conference, Philadelphia, PA.
- Avizad, H. S.**, Hamilton, J., & Alloy, L. B. (2015, April). *Are women more reactive to negative life events than men?* Paper presented at the Temple Undergraduate Research Forum and Creative Works Symposium (TURF-CreWS), Philadelphia, PA.
- Avizad, H.**, Hamilton, J., & Alloy, L. (2014, July). *Negative life events and depressive symptoms: The moderating role of gender*. Poster presented at the Temple University Diamond Research Scholar Poster Session, Philadelphia, PA.

RESEARCH EXPERIENCE

Utah State University, Military Social Science Laboratory
Part-Time Graduate Research Assistant

August 2017 – Present
Logan, UT

Defended Master's Thesis

December 2019

Thesis Title: “*Biological Sex Moderates the Association of Military Sexual Trauma and Posttraumatic Stress Disorder Total and Symptom Cluster Severity*”

Responsibilities:

- Formulate research idea based on literature review of biological sex, military sexual trauma, and mental health outcomes
- Produce manuscript of thesis
- Conduct and interpret statistical analyses
- Formally propose and defend thesis to committee members

Advisor: Rebecca K. Blais, PhD

Other Experience

Responsibilities

- Peer-review scholarly articles
- Code from active research studies
- Collaborate with lab-mates on research ideas

University of Pennsylvania, Center for the Treatment and Study of Anxiety
Full-Time Post-Baccalaureate Research Assistant

June 2015 – June 2017
Philadelphia, PA

A Comparison of Web-Prolonged Exposure (Web-PE) and Present-Centered Therapy (PCT) for PTSD among Active-Duty Military Personnel: Efficacy and Biological Mechanisms (Grant Number: 12012005)

A randomized controlled trial funded by the Department of Defense evaluating the efficacy of internet-delivered PE (Web-PE) compared to an in-person active treatment, present-centered therapy

Responsibilities:

- Submit technical reports to the Department of Defense on a quarterly basis
- Track participant recruitment and protocol amendments
- Participate in weekly conference calls addressing recruitment, protocol deviations, and adverse events

Supervisors: Edna B. Foa, PhD; Carmen P. McLean, PhD

City of Philadelphia Trauma Initiative Project

Dissemination and implementation of Prolonged Exposure Therapy (PE) in community mental health clinics throughout Philadelphia.

Responsibilities:

- Collaborate with Philadelphia Community Behavioral Health in developing strategies to maintain and fortify the implementation of PE within agencies
- Independently conduct site visits to community mental health agencies to assess and address barriers to PE implementation
- Analyze monthly PTSD screening and treatment data from each affiliated agency to determine the need for and efficacy of PE
- Assist in the preparation of bi-monthly workshops that educate community therapists on the assessment of PTSD

Supervisors: Edna B. Foa, PhD; David Yusko, PsyD

Other Experience

Responsibilities

- Submit Continuing Reviews to the University of Pennsylvania IRB for ongoing research studies:
 - “*Prolonged Exposure for PTSD among OIF/OEF Personnel: Massed vs. Spaced Trials*”

- “Treatment of Smoking Among Individuals with PTSD: A Phase II, Randomized Study of Varenicline and Cognitive Behavioral Therapy”
- “Reliability and Validity of Brief Assessment of PTSD for Children and Adolescents”
- Manage the Petty Cash account for participant payment and miscellaneous faculty expenses
- Assist faculty in peer-reviewing manuscripts submitted to scholarly journals
- Supervise volunteer research assistants in data entry
- Present and participate in monthly journal article review discussions on randomized clinical trials
- Organize and assist in the logistical preparation of internationally attended training workshops in Prolonged Exposure Therapy
- Participate in bi-weekly research team meetings to discuss manuscripts currently in preparation

Temple University, Mood and Cognition Laboratory

Part-Time Undergraduate Research Assistant

August 2013 – May 2015

Philadelphia, PA

Honors Senior Research Thesis

August 2014 – May 2015

Thesis Title: “*Negative Life Events and Depressive Symptoms: The Moderating Role of Gender*”

Investigation of the differential effects gender has on ensuing depressive symptoms after negative interpersonal, non-interpersonal, dependent, and independent life events. Thesis funded by the Diamond Research Scholars Project.

Responsibilities:

- Formulate research idea based on literature review of depression and gender differences
- Conduct statistical analyses on SPSS using archival data with the assistance of a graduate student mentor
- Present research findings at annual university research symposium (TURF-CreWS)

Supervisors: Lauren B. Alloy, PhD; Jessica L. Hamilton, MA

Volunteer Research Assistant

August 2013 - May 2015

Investigation of the cognitive, psychosocial, developmental, and neurobiological processes in the onset and course of depression and bipolar disorder in adolescents and adults.

Responsibilities:

- Code qualitative data from the Trier Social Stress Task (laboratory-induced stress task)
- Enter study data including: participant contact and medical information, self-report questionnaires assessing cognitive vulnerabilities (e.g., rumination, over-general autobiographical memory), emotion regulation and reactivity, executive functions (e.g., attention, working memory), life events questionnaires and interviews, and Kiddie Schedules for Affective Disorders and Schizophrenia (K-SADS)

Supervisor: Lauren B. Alloy, PhD

CLINICAL EXPERIENCE

ACT Anxiety Clinic, Utah State University

Part-Time Graduate Student Therapist, Practicum Student

August 2020 – Present

Logan, UT

Responsibilities:

- Conduct and interpret integration of multidimensional assessments
- Implement Acceptance and Commitment Therapy (ACT) with clients
- Participate in weekly individual and group supervision

Supervisor: Mike Twohig, PhD

Student Health and Wellness Center, Utah State University

May 2019 – Present

Part-Time Graduate Student Therapist, Graduate Assistantship

Logan, UT

Responsibilities:

- Conduct assessments in integrated behavioral health setting
- Provide brief, skills-based treatment
- Conduct sessions via telehealth due to COVID-19
- Participate in weekly individual and group supervision
- Consult with interdisciplinary team of psychiatrists, primary care physicians, and nurses

Supervisor: Scott DeBerard, PhD

PTSD Assessment Clinic, Salt Lake City Veterans Affairs

May 2019 – March 2020

Part-Time Graduate Student Therapist, Practicum Student

Salt Lake City, UT

Responsibilities:

- Conduct psychodiagnostic assessments on veterans
- Write detailed assessment reports
- Manage the PTSD walk-in clinic twice per month
- Participate in weekly individual supervision and monthly group supervision

Supervisor: Jacek Brewczynski, PhD

Psychology Community Clinic, Utah State University

August 2018 – August 2019

Part-Time Graduate Student Therapist, Practicum Student

Logan, UT

Responsibilities:

- Conduct intake assessments with prospective patients seeking psychotherapy
- Provide evidence-based psychotherapy for adult and child patients
- Conduct integrative assessments evaluating intelligence and achievement abilities
- Participate in weekly individual and group supervision
- Attend monthly clinical colloquia and grand rounds

Supervisors: Sue Crowley, PhD; Sara Boghosian, PhD; Marietta Veeder, PhD

Center for the Treatment and Study of Anxiety, University of Pennsylvania

June 2015 – June 2017

Full-Time Post-Baccalaureate Research Assistant

Philadelphia, PA

Open Clinic Intake Coordinator

Responsibilities:

- Conduct clinical screening interviews with prospective patients seeking treatment for anxiety
- Assess for comorbid symptom presentations that may interfere with treatment
- Provide referrals based on patient need
- Schedule initial evaluation appointments

Supervisors: Edna B. Foa, PhD; Steven Tsao, PhD

“Efficacy of 60-minute versus 90-minute Sessions in Treating PTSD Using Prolonged Exposure”

Independent Evaluator

Responsibilities:

- Assess for posttraumatic stress symptoms related to an identified index trauma using a semi-structured diagnostic interview (PTSD Symptom Scale – Interview for DSM-5; PSS-I-5)

- Attend bi-weekly fidelity trainings for the PSS-I-5
Supervisors: Edna B. Foa, PhD; Laurie Zandberg, PsyD

Other Experience

- Attend weekly group supervision for open clinic OCD and PTSD cases
- Serve as a confederate for in-session, *in vivo* exposures
- Coordinate open clinic medical record requests

LEADERSHIP EXPERIENCE

USU Combined Clinical/Counseling Psychology Program

May 2020 – Present

Elected Student Representative

Responsibilities:

- Represent student body at monthly faculty meetings
- Communicate student concerns to the Director of Clinical Training at monthly meetings
- Communicate student concerns to the Psychology Department Head at monthly meetings
- Conduct monthly student meetings to disseminate department information and address student concerns
- Mediate student-faculty conflicts

APA Division 19, Military Psychology Chapter

September 2019 – Present

Co-Founder and President of USU Chapter; APA Div. 19 Campus Representative

Responsibilities:

- Form a university student chapter
- Conduct bi-annual Chapter business meetings
- Advocate for military-related trainings and volunteer opportunities
- Recruit students to APA Division 19

Sorenson Center for Clinical Excellence, Utah State University

January – December 2019

Member of Student Board

Responsibilities:

- Act as a liaison between the student body and the faculty of the Sorenson Center
- Participate in monthly meetings
- Elicit feedback from student body

PROFESSIONAL WORKSHOPS PRESENTED

“Safe Passages for U Diversity Training”

29 March 2019

Co-Presenters: Jill Ferrell, MS; Tish Hicks, MS

PROFESSIONAL TRAININGS ATTENDED

“Cognitive Behavioral Therapy for Insomnia (CBTI) Web”

April 23, 2020

Presenter: Medical University of South Carolina

“The Summer Institute: Preparing for a Career in the Armed Forces”

10-14 June 2019

Presenter: Center for Deployment Psychology

“Focused Acceptance and Commitment Therapy: The Basics and Beyond”

20 April 2019

Presenter: Kirk D. Strosahl, PhD

- “Psychopharmacology: What’s New in 2019?” 19 April 2019
Presenter: Morgan T. Sammons, PhD, ABPP
- “Advanced ACT: Doing Experiential Work without Exercises” 31 August – 1 September 2018
Presenters: Matthieu Villatte, PhD; Jennifer Villatte, PhD
- “Intensive 4-day Workshop for Exposure and Response Prevention Therapy for OCD” 11-14 July 2016
Presenters: Elna Yadin, PhD; Edna B Foa, PhD
- “Intensive 4-day Workshop for Prolonged Exposure Therapy for PTSD” 2-5 May 2016
Presenters: Edna B. Foa, PhD; Sandy Capaldi, PsyD
- “Evidence-Based Assessment for Psychological Disorders in Adults: A Focus on Trauma and PTSD” 23 May 2016
Presenters: Edna B. Foa, PhD; David Yusko, PsyD
- “Evidence-Based Assessment for Psychological Disorders in Children: A Focus on Trauma and PTSD” 27 July 2015
Presenters: Edna B. Foa, PhD; Sandy Capaldi, PsyD

MEMBERSHIPS & AFFILIATIONS

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| United States Air Force – Second Lieutenant | May 2019 – Present |
| APA Division 19 USU Student Chapter – Campus Representative | September 2010 – Present |
| APA Division 19 Society for Military Psychology | January 2018 – Present |
| APA Student Affiliate | March 2020 – Present |
| Association for Behavioral and Cognitive Therapies | February 2016 – Present |
| InterVarsity Christian Fellowship – Chapter President | August 2014 – May 2015 |