

Refereed Journal Articles

*Denotes graduate student working under my supervision in my laboratory

^Denotes graduate student working under my supervision but outside my laboratory

**Denotes undergraduate student working under my supervision

5-year Impact Factor (5y IF); Impact Factor (IF; used when 5y IF not available)

In press

50. Goldberg, S. B., *Livingston, W. S., **Blais, R. K.**, Brignone, E., Suo, Y., Lehavot, K., Simpson, T. L., Fargo, J., & Gundlapalli, A. V. (in press). A positive screen for military sexual trauma is associated with greater risk for substance use disorders in women veterans. *Psychology of Addictive Behaviors*. (5y IF = 3.12)
49. *Kugler, J., *Andresen, F., ^Bean, R. & **Blais, R. K.** (in press). A review of marital therapy interventions for veterans with PTSD and their partners. *Journal of Clinical Psychology*.
48. **Blais, R. K.**, ^Brignone, E., Fargo, J. D., *Andresen, F. J., & *Livingston, W. S. (in press). The importance of distinguishing between harassment and assault military sexual trauma during screening. *Military Psychology*. (5y IF = 1.21)

2019

47. *Andresen, F. J., Monteith, L. L., *Kugler, J., Cruz, R. A., & **Blais, R. K.** (2019). Institutional betrayal following military sexual trauma is associated with more severe depression and specific PTSD symptom clusters. *Journal of Clinical Psychology*, 75, 1305-1319. (IF = 2.33)
46. **Blais, R. K.** (2019, epub ahead of print). Lower sexual satisfaction and function mediate the association of assault military sexual trauma and relationship satisfaction in partnered female service members/veterans. *Family Process*. (IF = 3.12)
45. Gundlapalli, A. V., Jones, A., Redd, A., Divita, G. ^Brignone, E., ... **Blais, R. K.**, & Fargo, J. D. (2019). Combining natural language processing of electronic medical notes with administrative data to determine racial/ethnic differences in the disclosure of documentation of military sexual trauma in veterans. *Medical Care*, 57, S149-S156.
44. **Blais, R. K.**, Monson, C., *Livingston, W. S., & Maguen, S. (2019). The association of disordered eating and sexual health with relationship satisfaction in female service members/veterans. *Journal of Family Psychology*, 33, 176-182. (5y IF = 2.92)

2018

43. **Blais, R. K.**, & Geiser, C. (2018, online, ahead of print). Depression and PTSD-related anhedonia mediate the association of military sexual trauma and suicidal ideation in female service members/veterans. *Psychiatry Research*. (IF = 2.68)
42. *Andresen, F., & **Blais, R. K.** (2018, ahead of print). Higher self-stigma is related to lower likelihood of disclosing military sexual trauma during screening in female veterans. *Psychological Trauma: Theory, Research, Practice, and Policy*. (IF = 2.41)
41. ^Brignone, E., Fargo, J. D., **Blais, R. K.**, & Gundlapalli, A. V. (2018). Chronic health conditions among U.S. veterans discharged from military service for misconduct. *Preventing Chronic Disease*, 15, E22. (IF = 1.86)
40. ^Brignone, E., Fargo, J. D., **Blais, R. K.**, & Gundlapalli, A. V. (2018). Applying machine learning to linked administrative data to enhance the detection of homelessness among vulnerable veterans. *Studies in Health Technology and Informatics*, 2018, 305-312. (IF = .54)
39. *Livingston, W. S., ^Brignone, E., Fargo, J. D., Maguen, S., Gundlapalli, A. V., & **Blais, R. K.** (2018, available online ahead of print). VHA-enrolled homeless veterans are at risk for eating disorder diagnoses. *Military Medicine*. (5y IF = 1.16)

38. **Blais, R. K.,** Geiser, C., & Cruz, R. A. (2018). Specific PTSD symptom clusters mediate the association of military sexual trauma severity and sexual function and satisfaction in female service members/veterans. *Journal of Affective Disorders, 238*, 680-688. (5y IF = 3.85)
37. **Blais, R. K.,** & Monteith, L. (2018, available online ahead of print). Suicide ideation in female survivors of military sexual trauma: The trauma source matters. *Suicide and Life-Threatening Behavior.* (IF = 3.25)
36. ^DiMauro, J., Renshaw, K. D., & **Blais, R. K.** (2018). Sexual vs. non-sexual trauma, sexual satisfaction and function, and mental health in female veterans. *Journal of Trauma and Dissociation, 19*, 403-416. (IF = 1.82)
35. **Blais, R. K.,** Renshaw, K. D., & **Christensen, D. B. (2018). Biological attributions relate to help-seeking intentions above and beyond barriers to care in U.S. service members/veterans. *Military Psychology, 30*, 79-86. (5y IF = 1.21)
34. **Blais, R. K.,** Monteith, L., & *Kugler, J. (2018). Sexual dysfunction is associated with suicidal ideation in female service members and veterans. *Journal of Affective Disorders, 226*, 52-57. (5y IF = 3.85)
33. **Blais, R. K.,** ^Brignone, E., Fargo, J. D., Galbreath, N., & Gundlapalli, A. V. (2018). Assailant identity and self-reported nondisclosure of military sexual trauma in partnered women veterans. *Psychological Trauma: Theory, Research, Practice, and Policy, 10*(4), 470-474. (IF = 2.41)
32. ^Painter, J. M., ^Brignone, E., ^Gilmore, A. K., Lehavot, K., Fargo, J., Suo, Y., ... **Blais, R. K.,** & Gundlapalli, A. V. (2018). Gender differences in service utilization among Operations Enduring Freedom, Iraqi Freedom, and New Dawn Veterans Affairs patients with severe mental illness and substance use disorders. *Psychological Services, 15*(1), 11-20. (5y IF = 2.07)

2017

31. Davita, G., ^Brignone, E., Carter, M. E., Suo, Y., **Blais, R. K.,** ... Gundlapalli, A. V. (2017). Extracting sexual trauma mentions from electronic medical notes using natural language processing. *Studies in Health Technology and Informatics, 245*, 351-355. (IF = .54)
30. ^Brignone, E., Fargo, J. D., **Blais, R. K.,** Carter, M. E., & Gundlapalli, A. V. (2017). Letter to the Editor: Response to "Veterans and the national tragedy of suicide". *American Journal of Preventive Medicine, 53*(4), e149. (IF = 4.55)
29. Gundlapalli, A.V., ^Brignone, E., Divita, G., Jones, A.L., Redd, A. ... **Blais, R. K.,** Samore, M., & Fargo, J. D. (2017). Using structured and unstructured data to refine estimates of military sexual trauma status among US military Veterans. *Studies in Health Technology and Informatics, 238*, 128-131. (IF = .54)
28. ^Brignone, E., Gundlapalli, A. V., Barrett, T., **Blais, R. K.,**...Fargo, J. D. (2017). Increased health care utilization and costs among veterans with a positive screen for military sexual trauma. *Medical Care, 55*, S70-77. (IF = 3.08)
27. **Blais, R. K.,** ^Brignone, E., Maguen, S., Fargo, J.D., Carter, M.E., & Gundlapalli, A.V. (2017). Military sexual trauma is associated with post-deployment eating disorders among Afghanistan and Iraq veterans. *International Journal of Eating Disorders, 50*(7), 808-816. (IF = 3.57)
26. ^Brignone, E., Fargo, J. D., **Blais, R. K.,** Carter, M. E., & Gundlapalli, A. V. (2017). Non-routine discharge from military service: Mental illness, substance use disorders, and suicidality. *American Journal of Preventive Medicine, 52*, 557-565. (IF = 4.51)

2016

25. ^Gilmore, A. K., ^Brignone, E., ^Painter, J. M., Lehavot, K., Fargo, J., Suo, Y., ... **Blais, R. K.**, & Gundlapalli, A. V. (2016). Military sexual trauma and co-occurring posttraumatic stress disorder, depressive disorders, and substance use disorders among OEF/OIF/OND veterans. *Womens' Health Issues, 26*(5), 546-54. (5y IF = 2.31)
24. ^Brignone, E., Gundlapalli, A. V., **Blais, R. K.**, Carter, M. E., Ying, S., Samore, M. H., Kimerling, R., & Fargo, J. D. (2016). Differential risk for homelessness among U.S. male and female veterans with a positive screen for military sexual trauma. *JAMA Psychiatry, 73*, 582-589. (IF = 15.31)
23. **Blais, R. K.** (2016). The importance of distinguishing between sources and types of stigma: Implications for stigma research in military service members. *Military Psychology, 28*, 162-173. (5y IF = 1.21)
22. Hobfoll, S. E., **Blais, R. K.**, Stevens, N., Walt, L., & Gengler, R. (2016). *Vets Prevail* online intervention reduces PTSD and depression in veterans with mild-to-moderate symptoms. *Journal of Consulting and Clinical Psychology, 84*, 31-42. (5y IF = 6.05)

2015

21. Beste, L. A., Harp, B., **Blais, R. K.**, Evens, S., & Zickmund, S. (2015). Primary care providers report challenges to cirrhosis management and specialty care coordination. *Digestive Diseases and Sciences, 60*, 2628-2635. (IF = 2.61)
20. Chartier, M., **Blais, R. K.**, Steinberg, T., Catella, S., Dehon, E., Ross, D., & Zeiss, R. (2015). A psychology postdoctoral fellowship program in integrated HIV and Hepatitis C clinical care: Rationale, progress, and future directions. *Training and Education in Professional Psychology, 9*, 77-84. (IF = 1.22)
19. **Blais, R. K.**, Tsai, J., Southwick, S., & Pietrzak, R. (2015). Barriers and facilitators to mental health care among older U.S. veterans. *Psychiatric Services, 66*, 500-506. (IF = 2.88)

2014

18. **Blais, R. K.**, & Renshaw, K. D. (2014). Self-stigma mediates the association between anticipated enacted stigma and help-seeking intentions in National Guard service members. *Military Psychology, 26*, 114-119. (5y IF = 1.21)
17. Mathalon, D. M., Ahn, K.-H., Perry, E. B., Cho, H.-S., Roach, B. J., **Blais, R. K.**, ... & D'Souza, D. C. (2014). Effects of nicotine on the neurophysiological and behavioral effects of ketamine in humans. *Frontiers in Psychiatry, 5*, 1-16. (IF: 3.53)
16. **Blais, R. K.**, & Renshaw, K. D. (2014). Perceptions of partners' attributions for depression in relation to perceptions of support and conflict in romantic relationships. *Journal of Marital and Family Therapy, 40*, 498-508. (IF = 2.53)
15. **Blais, R. K.**, Hoerster, K., Malte, C., Hunt, S., & Jakupcak, M. (2014). Unique PTSD clusters predict intention to seek mental health care and subsequent utilization in veterans with PTSD symptoms. *Journal of Traumatic Stress, 27*, 168-174. (5y IF = 2.72)
14. **Blais, R. K.**, Renshaw, K.D., & Jakupcak, M. (2014). Posttraumatic stress and stigma in active duty service members relate to lower likelihood of seeking support. *Journal of Traumatic Stress, 27*, 116-119. (5y IF = 2.72)
13. Jakupcak, M., **Blais, R. K.**, Grossbard, J., Garcia, H., & Okiishi, J. (2014). "Toughness" in association with mental health symptoms among Iraq and Afghanistan war veterans seeking Veteran Affairs health care. *Journal of Psychology of Men and Masculinity, 15*, 100-104. (5y IF = 3.12)

2013

12. Miller, A. B., Schaefer, K. E., Renshaw, K. D., & **Blais, R. K.** (2013). PTSD and marital satisfaction in military service members: Examining the simultaneous roles of childhood sexual abuse and combat exposure. *Child Abuse and Neglect*, *37*, 979-985. (5y IF = 2.97)
11. **#Blais, R. K.**, & Renshaw, K. D. (2013). Stigma and demographic correlates of help-seeking intentions in returning service members. *Journal of Traumatic Stress*, *26*, 77-85. (5y IF = 2.72)

#Among the journal's top cited papers in 2013.

10. Jakupcak, M., Hoerster, K. D., **Blais, R. K.**, Malte, C., Hunt, S., & Seal, K. (2013). Readiness for change and mental health treatment-engagement among Iraq and Afghanistan war Veterans seeking post-deployment VA care. *Journal of Traumatic Stress*, *26*, 165-168. (5y IF = 2.72)

2012

9. Carbuto, M., Sewell, R. A., Williams, A., Forselius-Bielen, K., ...**Blais, R. K.**, & D'Souza, D. C. (2012). The safety of studies with intravenous delta-9 tetrahydrocannabinol in humans, with case histories. *Psychopharmacology*, *219*, 885-896. (IF = 3.88)
8. **Blais, R. K.**, & Renshaw, K. D. (2012). The association of biological and psychological attributions for depression with social support seeking intentions in individuals with depressive symptoms. *Behavioural and Cognitive Psychotherapy*, *50*, 605-617. (IF = 1.95)
7. **Blais, R. K.**, & Renshaw, K. D. (2012). The role of perceived criticism in interpersonal processes. *New School Psychology Bulletin*, *9*, 17-23. (IF: not applicable)

2011

6. Renshaw, K. D., McKnight, P., Caska, C. M., & **Blais, R. K.** (2011). The Relationship Assessment Scale: Reliability and validity across multiple types of relationships. *Journal of Social and Personal Relationships*, *28*, 435-437. (IF = 1.46)
5. Renshaw, K. D., Allen, E., Rhoades, G., **Blais, R. K.**, Markman, H., & Stanley, S. (2011). Distress in spouses of veterans with combat-related PTSD: Secondary traumatic stress or general psychological distress. *Journal of Family Psychology*, *25*, 461-469. (5y IF = 2.65)

2010

4. Renshaw, K. D., **Blais, R. K.**, & Caska, C. (2010). Distinctions between hostile and non-hostile forms of perceived criticism from others. *Behavior Therapy*, *41*, 364-274. (5y IF = 4.33)
3. Renshaw, K. D., **Blais, R. K.**, & Smith, T. W. (2010). Components of negative affectivity and marital satisfaction: The importance of actor and partner anger. *Journal of Research in Personality*, *44*, 328-334. (5y IF = 2.96)

2008

2. D'Souza, D., Braley, G., **Blais, R.**, Vendetti, M., Oliver, S. Pittman, B., Ranganathan, M., ... & Perry, E. (2008). Effects of haloperidol on the behavioral, subjective, cognitive, motor and neuroendocrine effects of D-9-tetrahydrocannabinol in humans. *Psychopharmacology*, *198*, 587-603. (IF = 3.64)

2005

1. Cho, H., Mathalon, D., Perry, E. B., Boutros, N., Jacobson, L., Gueorguieva, R., **Blais, R. K.**, ... D'Souza, D. C. (2005). Nicotine reduces deficits in cortical information processing and cognitive function produced by ketamine in humans. *Schizophrenia Bulletin*, *31*, 509-510. (5y IF = 8.60)

Published Non-Refereed Papers

1. Holliday, R., Hoyt, T., Maguen, S., **Blais, R. K.**, & Monteith, L. L. (2018). Addressing military sexual assault and harassment through a collaborative, multi-institutional approach. *Military Psychologist*.

Published Abstracts**2013**

1. Beste, L. A., Harp, B., **Blais, R. K.**, & Zickmund, S. (2013). "They gotta want to live more than they want to die." *Hepatology*, 58, 1204A-1205A. (IF = 11.71)

Book Chapters**2012**

2. Renshaw, K. D., Caska, C. M., Rodrigues, C. S., & **Blais, R. K.** (2012). The role of family and social relationships in OCD and spectrum conditions. In G. Steketee (Ed.), *Oxford handbook of obsessive compulsive and spectrum disorders* (pp. 168-188). New York, NY: Oxford University Press.

2011

1. Renshaw, K. D., **Blais, R. K.**, & Caska, C. M. (2011). Distress in spouses of combat veterans: The importance of spouses' perceptions of veterans' experiences. In S. MacDermid Wadsworth & D. Riggs (Eds.), *Military families under stress*. New York, NY: Springer.

Manuscripts Submitted/Under Review/Revise and Resubmit

7. *Livingston, W. S., Fargo, J. D., Gundlapalli, A. V., Brignone, E., & **Blais, R. K.** (2019). *Comorbid PTSD and depression diagnoses mediate the association of military sexual trauma and suicidal ideation/behavior in VHA-enrolled Iraq/Afghanistan veterans*. Manuscript submitted for publication.
6. **Blais, R. K.** (2019). *Lower relationship satisfaction is associated with heightened risk for suicidal ideation among partnered female service members and veterans*. Manuscript submitted for publication.
5. **Blais, R. K.** (2019). *Higher anhedonia and dysphoric arousal are associated with lower relationship satisfaction among trauma-exposed partnered female service members/veterans*. Manuscript submitted for publication.
4. **Blais, R. K.**, & *Livingston, W. S. (2019). *The association of assault military sexual trauma and sexual function among partnered female service members and veterans: The mediating roles of depression and self-schemas*. Manuscript submitted for publication.
3. *Livingston, W. S., Fargo, J. D., & **Blais, R. K.** (2019). *Depression mediates the association of disordered eating behavior and sexual function in female service members/veterans*. Manuscript submitted for publication.
2. **Blais, R. K.**, *Livingston, W. S., & Fargo, J. D. (2019). *Depression severity mediates the association of assault MST and sexual dysfunction in partnered female service members/veterans*. Manuscript under review.
1. Zalta, A. K., Tirone, V., **Blais, R. K.**, Lofgreen, A., Klassen, B. ... & Kaiser, E. (2019). *A meta-analysis of the association of PTSD and social support*. Manuscript under review (invited revision).

Manuscripts In Progress

5. **Blais, R. K.**, Zalta, A. K., & *Livingston, W. S. (2019). *Index traumas and sexual function among female military sexual trauma survivors*. Manuscript in preparation.
4. **Blais, R. K.**, & *Tannahill, H. (2019). *Gender moderates the association of relationship satisfaction and suicide risk in partnered service members/veterans*. Manuscript in preparation
3. **Blais, R. K.**, & *Andresen, F., & * Tannahill, H. (2019). *Characterizing MST experiences and their associations with psychological distress*. Manuscript in preparation.
2. ^Brignone, E., Fargo, J. D., **Blais, R. K.**, Dichter, M. E., & Gundlapalli, A. V. (2019). *Demographic, military service, and health-related factors associated with discharge from military service for misconduct*. Manuscript in preparation.
1. **Blais, R. K.**, *Livingston, W. S., Fargo, J. D., *Tannahill, H., & Gundlapalli, A. V. (2019). *Gender moderates the association of military sexual trauma and mental health diagnoses in VA-enrolled veterans*. Manuscript in preparation.

External Grants (Active)

Title: Academic and mental health functioning in college-enrolled Veterans

Role: PI

Dates: July 2015-July 2020

Amount: \$5,000

Funding Source: Society for Military Psychology (APA, Division 19), Member Research Grant

Internal Funding (Active)

Title: A longitudinal investigation of academic and mental health functioning in college-enrolled Veterans

Role: PI

Dates: September 2016–August 2020

Amount: \$6,000

Funding Source: Office of the Vice President of Student Affairs, Utah State University

Title: Academic and mental health functioning in college-enrolled Veterans

Role: PI

Dates: September 2015–August 2020

Amount: \$800

Funding Source: Office of the Provost, Utah State University

Other Funding (Active)

Title: Loan Repayment, renewal

Role: PI

Dates: August 2017-July 2019

Amount: \$26,100.18

Funding Source: National Institute of Child and Human Development

Unfunded Grants

Title: Determining the influence of the animal and environment on the benefits of human animal interactions in adults

PI: Jeffrey Mason, PhD

Role: Co-I (5%)
Amount: \$275,000
Funding Source: National Institute of Child Health and Human Development

Title: Informatics-based strategies for the identification and re-assessment of non-disclosing Veterans with a probable history of military sexual trauma
Role: Co-I (25%; PI: Adi V. Gundlapalli, MD, PhD)
Amount: \$1,100,000
Funding Source: Department of Veterans Affairs Human Services Research and Development

Title: Toward improving the accuracy of MST screening in VHA
Role: Co-Investigator (25%; PI: Adi V. Gundlapalli, MD, PhD)
Amount: \$1,500,000
Funding Source: Department of Veterans Affairs Merit Award

Title: Informatics and computing infrastructure
Role: Co-Investigator (25%; PI: Adi V. Gundlapalli, MD, PhD)
Amount: \$500,000
Funding Source: Department of Veterans Affairs Informatics and Computing Infrastructure

Student Funding

Title: Interdisciplinary Presidential Doctoral Research Fellowship (PDRF) in Military Clinical Psychology and Quantitative Methodology
Role: Mentor (Awardee: Whitney Livingston)
Dates: August 2016-July 2020
Amount: ~\$91,200 (stipend and tuition benefits)
Funding Source: Office of Research and Graduate Studies, Utah State University

Title: Trauma and touch: Apprehension of touch in victims of MST
Role: Mentor (Awardee: Danielle Christensen)
Dates: August 2015-May 2016
Amount: \$1,500
Funding Source: Undergraduate Research & Creative Opportunities, Honors' Program, Utah State University

Grants/Funding (Completed)

Title: Veterans Resource Office
Role: Co-PI
Dates: January-December 2017
Amount: \$50,000
Funding Source: State of Utah Department of Veteran and Military Affairs

Title: Loan Repayment
Role: PI
Dates: August 2015-July 2017
Amount: \$29,684.20
Funding Source: National Institute of Mental Health

Title: Sexual functioning and relationship quality following military sexual trauma in female veterans

Role: PI

Dates: July 2014-July 2016

Amount: \$5,000

Funding Source: Society for Military Psychology (APA, Division 19) Member Research Grant

National/International Conference Presentations

*Denotes graduate student working under my supervision in my laboratory

^Denotes graduate student working under my supervision for this project but outside my lab

**Denotes undergraduate student working under my supervision

2019

61. **Blais, R. K.** (2019, August). Sexual dysfunction mediates the association of military sexual trauma and relationship satisfaction. In **R.K. Blais** (Chair), *Family support and veteran functioning – Implications for health care needs and help-seeking*. Symposium conducted at the meeting of the American Psychological Association, Chicago, IL.
60. **Blais, R. K.**, Geiser, C., & Cruz, R. A. (2019, August). PTSD clusters mediate the association of MST and sexual function in female service members/veterans. In **R.K. Blais & R. Holliday** (Co-chairs), *Interpersonal factors among military personnel and veteran survivors of trauma*. Symposium conducted at the meeting of the American Psychological Association, Chicago, IL.
59. Blais, R. K., & Geiser, C. (2019, April). Depression and PTSD-related anhedonia mediate the association of military sexual trauma and suicidal ideation in female service members/veterans. In R. Holliday (Chair), *Trauma and suicide among veterans: Using data to inform conceptualization, assessment, and intervention among veterans*. Symposium conducted at the annual convention of the American Association of Suicidology, Denver, CO.

2018

58. *Tannahill, H. S., *Livingston, W. S., Fargo, J. D., ^Brignone, E., Suo, Y., Gundlapalli, A. V., & **Blais, R. K.** (2018, November). *Biological sex moderates the association of military sexual trauma and risk for depression and PTSD diagnoses among VA-enrolled veterans*. Oral talk presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
57. #*Tannahill, H. S., *Livingston, W. S., Fargo, J. D., ^Brignone, E., Suo, Y., Gundlapalli, A. V., & **Blais, R. K.** (2018, November). *Biological sex moderates the association of military sexual trauma and risk for depression and PTSD diagnoses among VA-enrolled veterans*. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- #Received the *Student Poster Award* from Military Psychology SIG
56. *Kugler J., *Andresen F. J., ^Bean, R., & **Blais, R. K.** (2018, November). *Couples-based interventions for PTSD and relationship satisfaction among military veterans and their romantic partners: An empirical review*. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
55. *Kugler J., & **Blais, R. K.** (2018, November). *Frequency and perception of positive and negative social exchanges is related to heightened suicide risk in male service*

- members/veterans*. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
54. *Livingston, W. S., ^Brignone, E., Fargo, J. D., Gundlapalli, A. V., Maguen, S., & **Blais, R. K.** (2018, November). *Veterans Affairs-enrolled homeless veterans are at increased risk for eating disorder diagnoses*. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
53. *Livingston, W. S., Fargo, J. D., Gundlapalli, A. V., & **Blais, R. K.** (2018, November). *PTSD and depression diagnoses mediate the association of military sexual trauma and suicidal ideation in Veterans Affairs-enrolled Iraq/Afghanistan veterans*. Poster presented at the Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
52. *Andresen, F. J., *Kugler, J., Monteith, L. L., & **Blais, R. K.** (2018, November). *Institutional betrayal following military sexual trauma is associated with depression and PTSD-related avoidance and negative alterations in cognitions and mood*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
51. ^Brignone, E., Fargo, J. D., *Andresen, F. J., *Livingston, W. S., & **Blais, R. K.** (2018, August). Harassment vs assault MST in female veterans: Implications for health care and research. In R. Holliday & L. M. Monteith (Co-Chairs), *Building the knowledge base of military sexual trauma – New findings, future avenues, and barriers*. Symposium conducted at the annual convention of the American Psychological Association, San Francisco, CA.
50. ^Brignone, E., Fargo, J. D., **Blais, R. K.**, Dichter, M., & Gundlapalli, A. V. (2018, August). *Demographic and mental health disparities in misconduct-related discharge from military service*. Poster presented at the annual convention of the American Psychological Association, San Francisco, CA.

2017

49. *Andresen, F. J., & **Blais, R. K.** (2017, October). *Academic participation in college-enrolled veterans*. Paper presented at the annual meeting of the National Association of Veterans' Program Administrators, Atlantic City, NJ.
48. *Livingston, W.S. & **Blais, R. K.** (2017, August). *Military sexual trauma and eating disordered behavior relates to higher sexual dysfunction in female military personnel and veterans*. Poster presented at the American Psychological Association, Washington, D.C.
47. *Andresen, F. J., & **Blais, R. K.** (2017, August). *The role of stigma on military sexual trauma disclosure in female veterans*. Poster presented at the annual meeting of the American Psychological Association, Washington, D.C.
46. *Kugler J., *Livingston W. S., *Andresen F. J., & **Blais R. K.** (2017, August) *MST-based PTSD is related to higher disordered eating behavior in female veterans*. Poster presented at the annual meeting of the American Psychological Association, Washington, D.C.
45. **Blais, R. K.**, & *Livingston, W. (2017, August). Sexual dissatisfaction, dysfunction and suicidal ideation in female military sexual trauma survivors. In C. Bryan (Chair), *New developments in understanding and preventing suicide risk among military personnel and veterans*. Symposium conducted at the annual meeting of the American Psychological Association, Washington, D.C.
44. **Blais, R. K.** (2017, August). The associations of military sexual trauma and sexual satisfaction with couples' satisfaction. In **R. K. Blais** (Chair), *novel research on couples' functioning in male and female veterans: Implications for treatment*.

- Symposium conducted at the annual meeting of the American Psychological Association, Washington, D.C.
43. ^DiMauro, J., Renshaw, K.D., & **Blais, R.K.** (2017, August). Sexual vs. non-sexual trauma, sexual satisfaction and function, and mental health in female veterans. In E. Weitbrecht (Chair), *Sex matters! Psychological health implications of various sexual experiences in diverse populations*. Symposium conducted at the annual meeting of the American Psychological Association, Washington, D.C.
 42. **Blais, R. K.**, ^Brignone, E., & Levin, M. E. (2017, June). *Experiential avoidance is associated with nondisclosure of military sexual trauma in female service members/veterans*. Paper presented at the annual meeting of the American for Contextual Behavioral Sciences, Seville, Spain.
 41. **Blais, R. K.** (2017, April). Relationship and sexual satisfaction as correlates of suicide in female Veterans with and without military sexual trauma (MST). In L. Monteith (Chair), *Increasing knowledge of interpersonal risk factors for suicide among trauma-exposed veterans*. Symposium conducted at the annual meeting of the American Association of Suicidality, Phoenix, AZ.
 40. **Blais, R. K.**, ^Brignone, E., Maguen, S., Fargo, J.D., Carter, M.E., & Gundlapalli, A.V. (2017, March). Military sexual trauma is associated with post-deployment eating disorders among Afghanistan and Iraq veterans. In S. Maguen (Chair), *Identifying and preventing eating disorders as a way to decrease obesity in primary care*. Symposium conducted at the annual meeting of the Society for Behavioral Medicine, San Diego, CA.

2016

39. *Kugler J. & **Blais R. K.** (2016, November) *Perceived combat threat relates to higher PTSD stigma from family in OEF/OIF military veterans*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Dallas, Texas.
38. **Blais, R. K.** (2016, August). Interpersonal correlates of suicidal ideation in women veterans. In **R. K. Blais** (Chair), *Suicide in the military – The relational context of the leading cause of death in service members*. Symposium conducted at the annual meeting of the American Psychological Association, Denver, CO.
37. ^Brignone, E., Gundlapalli, A. V., **Blais, R. K.**, Carter, M.E., Suo, Y., Samore, M.H., Kimerling, R., Fargo, J.D. (2016, August). Military sexual trauma and differential risk for homelessness among U.S. male and female Veterans. In **R.K. Blais** (Chair), *Novel research identifying risk factors for homelessness in US veterans*. Symposium conducted at the meeting of the American Psychological Association, Denver, CO.
36. ^Brignone, E., Fargo, J. D., Barrett, T. S., **Blais, R. K.**, Nelson, R. E., Carter, M. E., Gundlapalli, A.V. (2016, July). *Healthcare utilization among male and female veterans with a positive screen for military sexual trauma*. Poster presented at the annual meeting of the International Conference of Psychology, Yokohama, Japan.
35. **Christensen, D. B., & **Blais, R. K.** (2016, August). *Sexual trauma, touch apprehension, and relationship quality in women MST survivors*. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.
34. ^Brignone, E., Fargo, J. D., **Blais, R. K.**, Carter, M. E., & Gundlapalli, A. V. (2016, June). *Mental health risks among Veterans with non-routine separation from military service*. Paper presented at the annual meeting of the Society for Prevention Research, San Francisco, CA.
33. **Blais, R. K.**, ^Brignone, E., Fargo, J. M., & Gundlapalli, A. V. (2016, July). *Military sexual trauma in U.S. women service members/Veterans: Associations of rank, ethnicity, assault*

by fellow unit members with inaccurate disclosure of sexual assault. Oral presentation presented at the annual meeting of the International Congress for Psychology, Yokohama, Japan.

32. **Blais, R. K.,** **Christensen, D., Maguen, S., & Monson, C. (2016, July). *Eating disorders and physical touch apprehension are related to poorer relationship quality in US women Veterans: Implications for bolstering the protective quality of relationships.* Oral presentation presented at the annual meeting of the International Congress for Psychology, Yokohama, Japan.
31. **Blais, R. K.,** ^Brignone, E., Fargo, J. D., & Gundlapalli, A. V. (June, 2016). *Assailant identity and nondisclosure of military sexual trauma experienced by women service members/veterans: Implications for interventions.* Poster presented at the meeting of the World Congress of Behavioral and Cognitive Therapies, Melbourne, Australia.
30. ^Brignone, E., Gundlapalli, A. V., **Blais, R. K.,** Carter, M. E., Suo, Y., Samore, M. A., Fargo, J.D. (2015, July). *Differential risk for homelessness among veterans with a positive screen for military sexual trauma.* Poster presented at the Health Services Research and Development/Quality Enhancement Research Initiative National Conference, Philadelphia, PA.

2015

29. **Blais, R. K.,** ^Brignone, E., Fargo, J. D., & Gundlapalli, A. V. (November, 2015). *Rates of and reasons for reluctance to disclose true military sexual trauma status.* Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.
28. **Christensen, D. B., **Blais, R. K.,** & Renshaw, K. D. (2015, November) *Attributional biases in the likelihood of help seeking in victims of PTSD.* Poster presented at the annual meeting for the International Society for Traumatic Stress Studies, New Orleans, LA.
27. **Blais, R. K.** (August, 2015). Sexual functioning and relationship quality in women Veterans following MST. In **R. K. Blais** (Chair), *After MST: Understanding individual and family outcomes and barriers to care.* Symposium conducted at the annual meeting for the American Psychological Association, Toronto, CAN.
26. **Blais, R. K.,** & Zickmund, S. L. (August, 2015). *Somatic symptoms of depression predict Veterans' eligibility and initiation of HCV treatment.* Poster presented at the annual meeting of the American Psychological Association, Toronto, CAN.
25. ^Xie, T., & **Blais, R. K.** (August, 2015). *State and trait risk factors for relational distress in partnered undergraduates with mild depression.* Poster presented at the annual meeting of the American Psychological Association, Toronto, CAN.
24. ^Painter, J. M., ^Brignone, E., ^Gilmore, A. K., Lehavot, K., Fargo, J., Suo, Y., Simpson, T., Carter, M., **Blais, R. K.,** & Gundlapalli A. V. (June, 2015). *Service utilization among men and women OEF/OIF Veterans with severe mental illness and substance use disorders.* Poster presented at the annual meeting of the VA Human Services Research and Development Conference, Philadelphia, PA.
23. ^Gilmore, A. K., ^Brignone, E., ^Painter, J. M., Lehavot, K., Fargo, J., Suo, Y., Simpson, T., Carter, M., **Blais, R. K.,** & Gundlapalli A. V. (June, 2015). *Military sexual trauma and co-occurring posttraumatic stress disorder, depressive disorders, and substance use disorders among OEF/OIF/OND Veterans.* Poster presented at the annual meeting of the VA Human Services Research and Development Conference, Philadelphia, PA.

2014

22. **Blais, R. K.**, Renshaw, K. D., & Stevens, N. (November, 2014). *Etiological attributions for post-deployment distress relate to stigma perceived from others*. Poster presented at the 30th annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.
21. **Blais, R. K.**, Buehler, S., Hobfoll, S. E., Powell, L. H., Emery, E., & Rothschild, S. K. (November, 2014). *Combination of moderate-severe depressive symptoms and PTSD is associated with higher disease burden in older urban adults: Findings from the BRIGHTEN Heart study*. Poster presented at the 30th annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.

2013

20. **Blais, R. K.**, & Pietrzak, R. H. (2013, November). Barriers and facilitators to mental health care utilization in older US Veterans. In **R. K. Blais** (Chair), *Mental health care utilization for PTSD distress in US veterans*. Symposium conducted at the annual conference for the International Society for Traumatic Stress Studies, Philadelphia, PA.
19. Walt, L., Stevens, N., **Blais, R. K.**, & Hobfoll, S. A. (2013, November). Improving quality-of-life and PTSD and depressive symptoms for OEF/OIF combat veterans: Assessing the benefits of interactive, internet-based psychotherapy and peer-to-peer support. In E. Newman (Chair), *Using web-based tools and public service announcements to address trauma*. Symposium conducted at the annual conference for the International Society for Traumatic Stress Studies, Philadelphia, PA.

2011

18. **Blais, R. K.**, & Renshaw, K. D. (2011, November). Perceived and self-stigma as barriers to care in OEF/OIF Veterans with PTSD. In **R. K. Blais** & M. Jakupcak (Co-Chairs), *Mental health care utilization in OEF/OIF Veterans: Understanding treatment barriers and mechanisms of treatment engagement*. Symposium conducted at the annual conference for the Association of Behavioral and Cognitive Therapies, Toronto, CAN.
17. Jakupcak, M., & **R.K. Blais** (2011, November; Co-Chairs), *Inward and outward directed aggression and violence in veterans of the Iraq and Afghanistan wars*. Symposium conducted at the annual conference for the Association of Behavioral and Cognitive Therapies, Toronto, CAN.
16. Campbell, S. B., **Blais, R. K.**, Renshaw, K. D. (2011, November). Hostile and non-hostile criticism: Associations with support and conflict are moderated by depression. In C. J. Fleming & K. W. Baucom (Co-Chairs), *Beyond satisfaction: An examination of the associations between depression, stress and new domains of relationship health*. Symposium conducted at the annual conference for the Association of Behavioral and Cognitive Therapies, Toronto, CAN.
15. **Blais, R. K.**, Chon, D., & Renshaw, K. D. (2011, November). *The association of attributions of controllability for psychological distress and stigma in returning OEF/OIF service members*. Poster presented at the annual conference for the Association of Behavioral and Cognitive Therapies, Toronto, CAN.
14. Bride, D., **Blais, R. K.**, & Renshaw, K. D. (2011, November). *Mindfulness and anger: The importance of studying specific facets of mindfulness*. Poster presented at the annual conference for the Association of Behavioral and Cognitive Therapies, Toronto, CAN.
13. Jakupcak, M. & **Blais, R. K.** (2011, November). *Stoicism and its association with barriers to mental health care among Iraq (OIF) and Afghanistan (OEF) war Veterans*. Poster presented at the annual conference for the Association of Behavioral and Cognitive Therapies, Men and Masculinity SIG, Toronto, CAN.

2010

12. **Blais, R. K.,** Renshaw, K. D., & Smith, T. W. (2010, November). Negative affect and marital satisfaction: The importance of actor and partner anger. In K. Williams-Baucom (Chair), *Individual distress and relationship quality*. Symposium conducted at the annual conference for the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
11. **Blais, R. K.,** & Renshaw, K. D. (2010, November). The impact of one's own attributions for their depression on self-stigma and secrecy. In B. J. Deacon (Chair), *Attributional processes and stigma*. Symposium conducted at the annual conference for the Association of Behavioral and Cognitive Therapies, San Francisco, CA.

2009

10. **Blais, R. K.,** & Renshaw, K. D. (2009, November). Illness attributions and social support seeking intentions in romantic relationships. In R. Brock (Chair), *Moving beyond global relationship satisfaction: Targeting specific relationship processes in couples' research*. Symposium conducted at the annual conference for the Association of Behavioral and Cognitive Therapies, New York, NY.
9. **Blais, R. K.,** Renshaw, K. D., & Burton, S. (2009, November). *The role of childhood sexual abuse in PTSD and marital satisfaction in Afghanistan/Iraq veterans*. Poster presented at the annual conference for the International Society for Traumatic Stress Studies, Atlanta, GA.
8. **Blais, R. K.,** & Renshaw, K. D. (2009, November). *The role of perceived attributions for depressive symptoms in people's perceptions of criticism*. Poster presented at the annual conference for Association of Behavioral and Cognitive Therapies, New York, NY.

2008

7. Renshaw, K. D., **Blais, R. K.,** Caska, C. M., & Thomas, M. (2008, November). Perceptions of criticism from others: Differential effects on symptoms of depression and anxiety. In K.D. Renshaw & T.L. Rodebaugh (Co-chairs), *Interpersonal processes in anxiety and depression*. Symposium conducted at the annual conference for the Association of Behavioral and Cognitive Therapies, Orlando, FL.
6. **Blais, R. K.,** & Renshaw, K.D. (2008, November). *The impact of perceptions of spouse's negative emotions on one's own emotions*. Poster presented at the annual conference for the Association of Behavioral and Cognitive Therapies, Orlando, FL.
5. **Blais, R. K.,** & Renshaw, K.D. (2008, November). *Development and validation of The Illness Attribution Measure-Depression (IAM-D)*. Poster presented at the annual conference for the Association of Behavioral and Cognitive Therapies, Orlando, FL.
4. **Blais, R. K.,** & Renshaw, K. D. (2008, November). *The impact of personal and perceived attributions for depression on stigma*. Poster presented at the annual conference for the Association of Behavioral and Cognitive Therapies, Orlando, FL.
3. **Blais, R. K.,** & Renshaw, K. D. (2008, August). *Perceived criticism and willingness to seek social support in depression*. Poster presented at the annual conference for the American Psychological Association, Boston, MA.

2007

2. **Blais, R. K.,** Renshaw, K. D., & Smith, T. W. (2007, November). *The relationship between psychopathology and marital satisfaction: Revisiting the importance of evaluating both partners*. Poster presented at the annual conference of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.

2005

1. Cho, H., D'Souza, D., Perry, E., **Blais, R.**, Donahue, L., & Krystal, J. (2005, April). *Nicotine reduces deficits in cortical information processing and cognitive function induced by ketamine in humans*. Poster presented at the annual conference of the International Congress on Schizophrenia Research, Atlanta, GA.

Local, State, or Regional Presentations

2019

8. *Livingston, W. S., Fargo, J. D., & **Blais, R. K.** (2019, April). *Depression mediates the association of disordered eating behaviors and sexual function in female service members and veterans*. Paper presented at Utah State University's Student Research Symposium, Logan, UT.

2017

7. *Livingston, W. S., ^Brignone, E., Gundlapalli, A. V., Fargo, J. D., & **Blais, R. K.** (2017, April). *Eating disorders are related to increased risk for homelessness among U.S. Veterans*. Paper presented at Utah State University Research Week, Logan, UT

2016

6. ^Brignone, E., Gundlapalli, A. V., **Blais, R. K.**, Carter, M. E., Suo, Y., Samore, M. H., Kimerling, R., Fargo, J. D. (2016, July). *Differential risk for homelessness among U.S. male and female Veterans with a positive screen for military sexual trauma*. Invited Speaker for the Veterans Homelessness Research Interest Group Virtual Conference Series.
5. ^Brignone, E., Fargo, J. D., Barrett, T. S., **Blais, R. K.**, Nelson, R. E., Carter, M. E., Gundlapalli, A. V. (2016, August). *Healthcare utilization among male and female Veterans with a positive screen for military sexual trauma*. Invited Speaker for the University of Utah Office of Health Equity and Inclusion Lessons Learned Seminar.
4. **Christensen, D. B., & **Blais, R. K.** (2016, February). *Impact of military sexual trauma on PTSD and relationship quality*. Poster presented at annual Utah Conference of Undergraduate Research, Salt Lake City, UT.
3. **Christensen, D. B., & **Blais, R. K.** (2016, January) *Impact of military sexual trauma on PTSD and relationship quality*. Poster presented at annual Research on Capitol Hill event, Salt Lake City, UT.

2005

2. **Blais, R.**, & Chrisler, J. (2005, April). *The role of sensation seeking and social influence: A cross-cultural analysis of the gambling and smoking behaviors of Greeks and Americans*. Poster presented at the annual conference of the Eastern Psychological Association, Boston, MA.

2002

1. Chrisler, J., **Blais, R. K.**, Broccoli, T., Patterson, C., Culver, K., Anvik, L., Gorman, J., & Warren, E. (2002, October). *Intimate relationships? How WB and Fox TV 'Do' dating and romance*. Symposium conducted at the annual meeting of the New England Psychology Association, Nashua, NH.

Doctoral Dissertation Committees

Chair

Felicia Andresen, Combined Clinical, Counseling Program, USU (2016-)

Whitney S. Livingston, Combined Clinical, Counseling Program, USU (2019-)

Doctoral Dissertation Committees

Member

Emily Brignone, Experimental and Applied Psychological Science, USU (Defended 2017)
 Ellen Bluett, Combined Clinical, Counseling, School Program, USU (Defended 2017)
 Ron Bean, Combined Clinical, Counseling, School Program, USU (Proposed 2017)

Masters' Theses**Chair**

Jordan Kugler, Combined Clinical, Counseling Program, USU (Defended 2018)
 Whitney Livingston, Combined Clinical, Counseling Program, USU (Defended 2019)
 Hallie Tannahill, Combined Clinical, Counseling Program, USU (Proposed 2018)

Masters' Theses**Member**

Jeremy Fruge, Combined Clinical, Counseling Program, USU (Defended 2018)
 Tianyi Xie, Combined Clinical, Counseling, School Program, USU (Defended 2017)
 Emily Brignone, Experimental and Applied Psychological Science, USU (Defended 2015)

Honors' Theses**Chair**

Danielle Christensen, Department of Psychology, USU (Defended 2016)

Teaching Experience*Graduate*

Introduction to Educational and Psychological Research Methods (Spring 2016,
 2017, Summer 2016, 2017)
 Multiperson Therapy (Fall 2017)

Undergraduate

Introduction to Psychology (Spring 2014, 2015, 2016, 2017, 2018, 2019)
 Undergraduate Abnormal Psychology (Fall 2014, 2015, 2016, 2017)
 Undergraduate Social Psychology (online) (University of Utah, Summer 2009)
 Undergraduate Research Methods (University of Utah, Summer 2008)
 USU Connections (Fall 2015, 2016, 2017)

National Service Activities

| | |
|----------------|---|
| 2019 – 2021 | Member, Executive Committee, Society for Military Psychology (APA, Division 19) |
| 2019 – 2021 | Council Representative for APA Division 19 |
| 2017 – present | Faculty Mentor, APA Division 19 |
| 2016 – present | APA-Accredited Doctoral Program Site Visitor, APA |
| 2014 – present | Convention Reviewer, APA Division 19 |
| 2014 – 2017 | Co-Chair/Chair, Program Committee, APA Division 19 |

University Service Activities

| | |
|----------------|---|
| 2019 – present | Co-Chair, Clinical Comprehensive Exam Committee, Combined Clinical, Counseling Psychology Program |
| 2017 – 2018 | Chair, Committee on Committees, Faculty Senate |

| | |
|----------------|---|
| 2017 – present | Member, Sexual Assault Prevention Workgroup |
| 2016 – 2017 | Member, Committee on Committees, Faculty Senate |
| 2016 – Present | Chair/Member, Curriculum Advisory Committee, Combined Clinical, Counseling Psychology Program |
| 2015 | Search Committee, USU Eastern, Psychology (position filled) |
| 2015 – Present | College Senator, Faculty Senate |
| 2015 – Present | Member, Psychology Undergraduate Steering Committee |
| 2015 | Judge, Student Research Week |
| 2014 – Present | Member, Steering Committee, Combined Clinical, Counseling Psychology Doctoral Program |

Review/Editorial Activities

| | |
|----------------|--|
| 2016 – Present | Associate Editor, <i>Military Psychology</i> Ad hoc Reviewer: |
| 2019 - | <i>Journal of Clinical Psychology</i> |
| 2017 – Present | <i>Journal of Social and Personal Relationships</i> <i>Military Medicine</i> <i>Journal of Consulting and Clinical Psychology</i> <i>Military Behavioral Health</i> |
| 2015 – Present | <i>Journal of Contextual Behavioral Sciences</i> |
| 2014 – Present | <i>Epidemiological Reviews</i> <i>Psychiatry</i> <i>Anxiety, Stress & Coping</i> |

Professional Affiliations

| | |
|----------------|--|
| 2017 – Present | Trauma Psychology (Division 56), Men and Masculinity (Division 51), Family Psychology (Division 43), Womens' Psychology (Division 35), APA |
| 2016 – Present | Association for Behavioral and Cognitive Therapies |
| 2010 – Present | International Society for Traumatic Stress Studies |
| 2010 – Present | Society for Military Psychology (Division 19), APA |
| 2008 – Present | American Psychological Association |