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# Jordan Kugler

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## Education

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In Progress

Utah State University  
Combined Clinical/Counseling Psychology  
APA accredited program  
Doctoral Student  
Advisor: Dr. Rebecca Blais

May 2015

University of Nebraska- Lincoln  
Bachelor of Arts  
Major: Psychology  
Minor: Religious Studies  
Overall GPA: 3.72/4.0  
Major GPA: 3.92/4.0

## Academic Honors

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- 2015: Harry K. Wolfe Award Honorable Mention  
2014: Award for Outstanding Service to the College of Arts and Sciences, UNL  
2014: Undergraduate Creative Activities and Research Experiences recipient, UNL  
2013: Undergraduate Creative Activities and Research Experiences recipient, UNL  
2013: Psi Chi Outstanding Member Award, UNL  
2013: Dr. Lillian G. Portenier Scholarship recipient, UNL  
2012: Dr. Lillian G. Portenier Scholarship recipient, UNL  
2012: Delta Tau Delta National Leadership Academy Scholarship recipient, UNL  
2011- 2015: Dean's List, UNL  
2011- 2015: Arts and Sciences Student Advisory Board, UNL  
2011- 2015: Kershner Scholar, UNL  
2011: Canfield Scholarship recipient, UNL

## Professional Presentations

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Morton, A., Kugler, J., Brungardt, K. L., West, T., & Hansen, D. J. (2014, November). *Internalizing symptom presentation of sexually abused youth: Examination of interpersonal predictors*. Poster presented at the Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.

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Huit T., Grandgenett H., **Kugler J.**, Vanderheiden S., B.A., Morton A., B.A., Pittenger S., M.A., Hansen D., (2014 November) *The role of peer and parental Support in Presentation of Internalizing Symptoms Following Child Sexual Abuse*. Poster presented at the Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.

**Kugler, J.**, Grandgenett, H., Morton, A., Brungardt, K. *Predictors of residential treatment outcomes* (2014, April) Poster presented at the University of Nebraska-Lincoln Undergraduate Research Fair.

Morton, A., **Kugler, J.**, Brungardt, K. L., West, T., & Hansen, D.J. (2014, April). *Interpersonal predictors of internalizing symptoms of sexually abused youth*. Poster presented at the Undergraduate Research Fair at the University of Nebraska-Lincoln.

Brungardt, K. L., Morton, A., & **Kugler, J.** (2014, April). *Cognitive behavioral therapy for sexually abused youth and their non-offending family members: an evaluation of Project S.A.F.E.* Poster presented at Undergraduate Research Fair at the University of Nebraska-Lincoln, Lincoln, NE.

**Kugler, J.**, Grandgenett, H., Brungardt, K. L., & Morton, A. (2013, November). *Loneliness, gender, marital status and their interaction with depression and stress*. Oral Presentation presented at Nebraska Psychological Society Conference, Wayne, NE.

Morton, A., Brungardt, K., Grandgenett, H., & **Kugler, J.** (2013, November). *An examination of the interaction of gender, social support, and financial independence with depression and anxiety of college students*. Poster presented at the Nebraska Psychological Society 2013 Convention, Wayne State College, Wayne, NE.

Brungardt, K. L., Morton, A., Helem, C., **Kugler, J.**, Huit, Z., & West, T. (2013, November). *Nonoffending paternal caregiver support: association with initial symptom presentation and family functioning for sexually abused youth*. Poster presented at the 47th Annual Convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Brungardt, K. L., Morton, A., **Kugler, J.**, & Grandgenett, H. (2013, November). *Examination of the interaction of daily functioning with physical abuse, age, gender, and running away in juveniles*. Poster presented at Nebraska Psychological Society Conference, Wayne, NE.

Grandgenett, H., **Kugler, J.**, Morton, A., & Brungardt, K. L. (2013, November). *Social anxiety levels and negative thoughts during a positive or negative conversation interact with self-focused attention and general anxiety among college students*. Oral Presentation presented at Nebraska Psychological Society Conference, Wayne, NE.

Morton, A., Brungardt, K. L., Grandgenett, H., & **Kugler, J.** (2013, November). *An examination of the interaction of gender, social support, and financial independence with depression and anxiety of college students*. Poster presented at Nebraska Psychological Society Conference, Wayne, NE.

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Helem, C., Huit, T., Wizienski, M., Burnett, T. **Kugler, J.**, Vanderheiden, S. (2012, April) *heterogeneity of symptoms in sexually abused adolescents: examining the association between reported and perceived symptoms of adolescents and non-offending caregivers*. Poster Presented at the University of Nebraska-Lincoln Undergraduate Research Fair.

### **Teaching Experience**

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Fall 2015:

**Teaching Assistant**

*Abnormal Psychology (Psych 3210)*

*Instructor: Dr. Rebecca Blais*

*Class Size: 121*

**Responsibilities:** Held office hours and exam review sessions for students. Taught two guest lectures with instructor feedback. Input grades and managed student emails for the course.

Spring 2016:

**Teaching Assistantship**

*General Psychology (Psych 1010)*

*Instructor: Dr. Rebecca Blais*

*Class Size: 204*

**Responsibilities:** Held office hours and exam review sessions for students. Graded weekly class assignments, input grades for exams and managed student issues throughout the semester.

### **Research Experience**

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May 2014-  
Present:

**Undergraduate Research Coordinator**

*Study:* Project S.A.FE

*Lab:* Child Maltreatment Lab, UNL

*Supervisor:* Dr. David J. Hansen, Director Clinical Psychology Training Program

**Responsibilities:** Project SAFE (Sexually Abused Family Education) is a 12-week standardized group intervention program for sexually abused youth and their non-offending caregivers. Treatment encompasses a wide variety of techniques ( e.g. psychoeducation, anxiety management, etc) to reduce overall symptomology of sexually abused youth. As a member of the research team I have been responsible for: a)coding empirically supported assessment measures (SCL 90, MASC, CDI, YSR, CBCL, CSBI), b) entering pre-treatment, and post-treatment data into SPSS and c)maintaining the databases. Furthermore I have assisted as a Therapeutic Support Staff volunteer at the Child Advocacy Center (the setting for Project SAFE), worked as an Assessment Supervisor running participants at multiple stages of Project SAFE, conducted statistical analyses, and served as a supporting author on

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multiple research posters which were presented at both undergraduate and professional conventions. In May of 2014 I became the Undergraduate Research Coordinator, which entailed assisting with the management of the research team and the training and supervising of new Research Assistants to code and review the various measures associated with Project S.A.F.E.

January 2014- **Research Assistant**  
Present: *Study:* Sleep and Psychopathology in Youth Project  
*Lab:* Pediatric Health Lab, UNL  
*Supervisor:* Dr. Timothy Nelson

**Responsibilities:** The purpose of this study was to examine the daily bidirectional relationship between sleep and psychopathology in youth. As a research assistant I was able to a) participate in recruitment from a treatment seeking sample, b) perform a formal literature review of current research in the field and c) administer questionnaires and collect actigraph data from subjects participating in the study.

August 2014- **Research Assistant**  
Present: *Study:* Stimulant and Sleep Behavior Meta-Analysis  
*Lab:* Pediatric Health Lab, UNL  
*Supervisor:* Dr. Timothy Nelson

**Responsibilities:** The purpose of this project is to examine all past literature on the effects of stimulant medication on the sleep patterns of children and adolescents with ADHD. Thus far my responsibility has been to conduct a literature review through specific search engines and analyze the relevance of each article to the project. Future responsibilities may be in assisting with statistical analysis and editing the resulting paper from this project.

August 2014- **Research Assistant**  
Present: *Study:* Pediatric Dentistry and Obesity Project  
*Lab:* Pediatric Health Lab, UNL  
*Supervisor:* Dr. Timothy Nelson

**Responsibilities:** The goal of this project is to examine the correlates of oral health as it relates to physical health in children 3-5. Thus far the project is still in the early developmental phases. My main responsibilities have been a) recruitment at local pediatric dentist offices and b) administering questionnaires associated with the study. In the future my responsibilities could include data entry, analysis and assisting with the resulting paper(s) from this project.

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- October 2013- Present     **Research Assistant**  
*Study:* Growing Great Beginnings Project  
*Lab:* Pediatric Health Lab, UNL  
*Supervisor:* Dr. Timothy Nelson  
**Responsibilities:** This project involved parent-report data on their children with an age range from infancy through 3 years-old. Data was collected through home visits in collaboration with a community outreach program. My main responsibilities included: a) administering questionnaires and answering any questions that arose during the home-visit session b) assembling questionnaire packets and c) conducting literature reviews, and contacting eligible participants.
- September 2012- August 2013     **Research Assistant**  
*Study:* Acute Alcohol Intoxication and Neurocognitive Processing on Intimate Partner Aggression during Anger Arousal  
*Lab:* Trauma, Violence and Abuse Lab, UNL  
*Supervisor:* Dr. David Dilillo  
**Responsibilities:** This project sought to examine the effects of alcohol consumption and anger arousal on neurocognitive processing in couples. I participated in a) recruiting participants from a community sample b) training on electroencephalography (EEG) equipment set up, handling and care, c) completing informed consent and debriefing with participants d) administering preliminary screening tests (vision and audio tests), and e) assisting in running participants through a series of behavioral and event related potential (ERP) tasks. Following the study I also transcribed audio-recorded verbal responses elicited through the Articulated Thoughts in Stimulated Situations (ATSS) paradigm and was responsible for coding transcribed verbal responses according to an ATSS coding manual and maintaining high inter-rater reliability.

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### **Elected/Appointed Positions**

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- August 2014 – Present:     **President**  
*Organization:* Psi Chi/ Undergraduate Psychology Organization (UPO), UNL  
*Supervisor:* Mike Dodd, PhD  
**Responsibilities:** The purpose of this organization is primarily to advance the science of psychology; and secondly to encourage, stimulate, and maintain scholarship of the individual members in all academic fields, particularly in psychology. As President I am responsible for leading monthly meetings and organizing bi-monthly workshops that are beneficial to undergraduate psychology students. I have organized meetings this semester to include a research night, faculty perspectives on graduate school, CV/personal statement workshop, and graduate students' perspective on graduate school. In addition to meetings I am responsible for marketing both organizations

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throughout the year, particularly at club fairs and within the psychology department.

August 2012-  
Present      **Executive Member**  
*Organization:* Delta Tau Delta, UNL  
*Supervisor:* Ryan Caldwell, Attorney  
**Responsibilities:** I have been highly involved in my fraternity, Delta Tau Delta, for each of my four years at UNL. I served as president of my pledge class and then as an executive member for the fraternity as a whole for three years. Over that span of time I have held two positions on the Executive Board; I was the Sergeant at Arms, responsible for maintaining order within our 110 member chapter, and heading our Judicial Committee which enforces the various rules and bylaws of the chapter. As Sergeant at Arms I also attended several national leadership conferences and represented my chapter. For the last year I have served as New Member Educator, I have been responsible for aiding incoming freshmen with their transition to college through major specific presentations, grade maintenance, value-based lectures, and integration into campus life.

March 2012-  
Present:      **Board Member**  
*Organization:* Arts and Sciences Student Advisory Board  
*Supervisor:* Joseph Francisco, PhD. Dean of Arts and Sciences.  
**Responsibilities:** As a member of the College of Arts and Sciences Student Advisory Board I serve as an advocate for undergraduate education within the largest college on the University of Nebraska's campus. This organization serves as a liaison between the undergraduate population and the dean's office, as well as the UNL faculty and staff within the college. Typically we host several events each semester designed to allow interaction between students and faculty to discuss their respective interests and concerns.

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### Clinical Experience

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May 2013-  
Present      **Therapeutic Support Staff**  
Project S.A.F.E.  
*Child Advocacy Center*  
Supervisor: David J. Hansen  
**Responsibilities:** As an assessment supervisor I was responsible for administering assessment batteries evaluating the treatment efficacy of Project S.A.F.E. at one of four time points throughout treatment. As a part of the Child Care Supervisor team I encouraged prosocial play groups for the non-victim family members while treatment was underway.

June 2014-  
August 2014      **Vision Team Member: Tiny Hands International**  
*Tiny Hands International, Kathmandu, Nepal*

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Supervisor: Sarah Snodgrass, Tiny Hands Vision Team Coordinator  
**Responsibilities:** During the six and a half weeks I spent in Nepal I had the privilege of working closely with the Tiny Hands International staff at the children's homes they sponsor. While exploring issues pertaining to sex trafficking and street children, I spent a great deal of time with the on staff psychologist who works with the children in the homes. There is a significant lack of mental health service in Nepal, though it is needed, I was able to interact with the children and administer the few cross cultural assessment measures that were available.

### **Membership in Professional Organizations**

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October 2014      Association for Behavioral and Cognitive Therapies

October 2014      Association for Behavioral and Cognitive Therapies, Child Maltreatment and Interpersonal Violence Special Interest Group

### **References**

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