

## Rebecca K. Blais, Ph.D.

**Address:** Utah State University      **Email:** rebecca.blais@usu.edu  
2810 Old Main St Educ      **Phone:** 435-850-7437  
490 Logan, Utah 84321      **Fax:** 435-797-1448

### Professional Appointments

2014 – present      *Assistant Professor of Psychology*, Utah State University  
2014 – present      *Research Fellow*, Center for Veterans' Studies, University of Utah  
2014 – present      *Research Scientist*, SLC Veterans Administration

### Licensure

2014 – present      *Clinical Psychologist*, #9139283-2501, Utah  
2013 – 2014      *Clinical Psychologist*, #071.008709, Illinois

### Education/Training

2013 – 2014      *Research Postdoctoral Fellow*, Traumatic Stress Center, Rush University  
2012 – 2013      *Clinical Postdoctoral Hepatitis C/HIV Fellow*, VA Puget Sound – Seattle  
Division  
2006 – 2012      *Ph.D., Clinical Psychology*, University of Utah, Department of Psychology  
(APA Accredited)  
2011 – 2012      *Pre-doctoral Internship*, VA Puget Sound – Seattle Division (APA  
Accredited)  
2000 – 2004      *Bachelor of Arts*, Connecticut College, Major: Psychology

### Peer-Reviewed Articles

\*Denotes graduate student working under my supervision

\*\*Denotes undergraduate student working under my supervision

23. **Blais, R. K.** (in press). The importance of distinguishing between sources and types of stigma: Implications for stigma research in military service members. *Military Psychology*.
22. \*Brignone, E., Gundlapalli A. V., **Blais, R. K.**, Carter, M. E., Ying, S., Samore, M. H., Kimerling, R., & Fargo, J. D. (in press). Differential risk for homelessness among U.S. male and female Veterans with a positive screen for military sexual trauma. *JAMA Psychiatry*.
21. Hobfoll, S. E., **Blais, R. K.**, Stevens, N., Walt, L., & Gengler, R. (2016). Vets prevail online intervention reduces PTSD and depression in veterans with mild-to-moderate symptoms. *Journal of Consulting and Clinical Psychology*, 84, 31-42.
20. Beste, L. A., Harp, B., **Blais, R.K.**, Evens, S., & Zickmund, S. (2015). Primary care providers report challenges to cirrhosis management and specialty care coordination. *Digestive Diseases and Sciences*, 60, 2628-35.
19. Chartier, M., **Blais, R. K.**, Steinberg, T., Catella, S., Dehon, E., Ross, D., & Zeiss, R. (2015). A psychology postdoctoral fellowship program in integrated HIV and Hepatitis C clinical care: Rationale, progress, and future directions. *Training and Education in Professional Psychology*, 9, 77-84.

18. **Blais, R. K.**, Tsai, J., Southwick, S., & Pietrzak, R. (2015). Barriers and facilitators to mental health care among older U.S. veterans. *Psychiatric Services, 66*, 500-506.
17. **Blais, R. K.**, & Renshaw, K. D. (2014). Self-stigma mediates the association between anticipated enacted stigma and help-seeking intentions in National Guard service members. *Military psychology, 26*, 114-119.
16. Mathalon, D. M., Ahn, K.-H., Perry, E. B., Cho, H.-S., Roach, B. J., **Blais, R. K.**, Bhakta, S., Ranganathan, M., Ford, J. M., & D'Souza, D. C. (2014). Effects of nicotine on the neurophysiological and behavioral effects of ketamine in humans. *Frontiers in Psychiatry, 5*, 1-16.
15. **Blais, R. K.**, & Renshaw, K. D. (2014). Perceptions of partners' attributions for depression in relation to perceptions of support and conflict in romantic relationships. *Journal of Marital and Family Therapy, 40*, 498-508.
14. **Blais, R. K.**, Hoerster, K., Malte, C., Hunt, S., & Jakupcak, M. (2014). Unique PTSD clusters predict intention to seek mental health care and subsequent utilization in veterans with PTSD symptoms. *Journal of Traumatic Stress, 27*, 168-174.
13. **Blais, R.K.**, Renshaw, K.D., & Jakupcak, M. (2014). Posttraumatic stress and stigma in active duty service members relate to lower likelihood of seeking support. *Journal of Traumatic Stress, 27*, 116-119.
12. Jakupcak, M., **Blais, R. K.**, Grossbard, J., Garcia, H., & Okiishi, J. (2014). "Toughness" in association with mental health symptoms among Iraq and Afghanistan war veterans seeking Veteran Affairs health care. *Journal of Psychology of Men and Masculinity, 15*, 100-104.
11. Miller, A. B., Schaefer, K. E., Renshaw, K. D., & **Blais, R. K.** (2013). PTSD and marital satisfaction in military service members: Examining the simultaneous roles of childhood sexual abuse and combat exposure. *Child Abuse and Neglect, 37*, 979-985.
10. **Blais, R. K.**, & Renshaw, K. D. (2013). Stigma and demographic correlates of help-seeking intentions in returning service members. *Journal of Traumatic Stress, 26*, 77-85.
9. Jakupcak, M., Hoerster, K. D., **Blais, R. K.**, Malte, C., Hunt, S., & Seal, K. (2013). Readiness for change and mental health treatment-engagement among Iraq and Afghanistan war Veterans seeking post-deployment VA care. *Journal of Traumatic Stress, 26*, 165-8.
8. **Blais, R.K.**, & Renshaw, K.D. (2012). The association of biological and psychological attributions for depression with social support seeking intentions in individuals with depressive symptoms. *Behavioural and Cognitive Psychotherapy, 50*, 605-617.
7. **Blais, R. K.** & Renshaw, K. D. (2012). The role of perceived criticism in interpersonal processes. *New School Psychology Bulletin, 9*, 17-23.
6. Renshaw, K. D., McKnight, P., Caska, C. M., & **Blais, R. K.** (2011). The Relationship Assessment Scale: Reliability and validity across multiple types of relationships. *Journal of Social and Personal Relationships, 28*, 435-437.
5. Renshaw, K. D., Allen, E., Rhoades, G., **Blais, R. K.**, Markman, H., & Stanley, S. (2011). Distress in spouses of veterans with combat-related PTSD: Secondary traumatic stress or general psychological distress. *Journal of Family Psychology, 25*, 461-469.
4. Renshaw, K. D., **Blais, R. K.**, & Caska, C. (2010). Distinctions between hostile and non-hostile forms of perceived criticism from others. *Behavior Therapy, 41*, 364-274.

3. Renshaw, K. D., **Blais, R.K.**, & Smith, T. W. (2010). Components of negative affectivity and marital satisfaction: The importance of actor and partner anger. *Journal of Research in Personality, 44*, 328-334.
2. D'Souza, D., Braley, G., **Blais, R.**, Vendetti, M., Oliver, S. Pittman, B., Ranganathan, Bhakta, S., Cooper, T., Perry, E. (2008). Effects of haloperidol on the behavioral, subjective, cognitive, motor and neuroendocrine effects of D-9-tetrahydrocannabinol in humans. *Psychopharmacology, 198*, 587-603.
1. Cho, H., Mathalon, D., Perry, E. B., Boutros, N., Jacobson, L., Gueorguieva, R., **Blais, R.**, K., et al. (2005). Nicotine reduces deficits in cortical information processing and cognitive function produced by ketamine in humans. *Schizophrenia Bulletin, 31*, 509-510.

### **Manuscripts Submitted/Under Review**

3. **Blais, R. K.**, \*Brignone, E., Fargo, J. D., & Gundlapalli, A. V. (2016). *Assailant identity and military sexual trauma nondisclosure in women*. Manuscript under review.
2. Painter, J. M., \*Brignone, E., Gilmore, A. K., Lehavot, K., Fargo, J., Suo, Y., Simpson, T., Carter, M., **Blais, R. K.**, & Gundlapalli A. V. (2016). *Service utilization among men and women OEF/OIF Veterans with severe mental illness and substance use disorders*. Manuscript under review.
1. Gilmore, A. K., \*Brignone, E., Painter, J. M., Lehavot, K., Fargo, J., Suo, Y., Simpson, T., Carter, M., **Blais, R. K.**, & Gundlapalli A. V. (2016). *Military sexual trauma and co-occurring posttraumatic stress disorder, depressive disorders, and substance use disorders among OEF/OIF/OND Veterans*. Manuscript under review.

### **Manuscripts In Progress**

8. \*Brignone, E., Fargo, J. D., **Blais, R. K.**, Carter, M. E., & Gundlapalli, A. V. (2016). *Risk for mental health and substance use disorders among Veterans with non-routine separations from military service*. Manuscript in preparation.
7. \*Brignone, E., Gundlapalli, Barrett, **Blais, R. K.**,... Fargo, J. D. (2016). *Healthcare utilization among male and female Veterans with a positive screen for Military Sexual Trauma*. Manuscript in preparation.
6. **Blais, R. K.**, Maguen, S., & Monson, C. (2016). *Interpersonal risk factors associated with eating disorders in women Service Members and Veterans with and without histories of MST*. Manuscript in preparation.
5. **Blais, R. K.**, Bryan, C., & Maguen, S. (2016). *Eating disorders relate to higher suicidality in US Veterans*. Manuscript in preparation.
4. **Blais, R. K.**, Renshaw, K. D., & \*Christensen, D. (2016). *Biological attributions for postdeployment distress relate to likelihood of seeking help in OEF/OIF Veterans: Implications for interventions to increase help-seeking*. Manuscript in preparation.
3. **Blais, R. K.**, Buehler, S., Holmgren, L., Hobfoll, S. E., Powell, L. H., Emery, E., & Rothschild, S. K. (2016). *Combination of moderate-severe depressive symptoms and PTSD is associated with higher disease burden in older urban adults: Findings from the BRIGHTEN Heart study*. Manuscript in preparation.
2. Xie, T., & **Blais, R. K.** (2016). *State and trait risk factors for relational distress in partnered undergraduates with mild depression*. Manuscript in preparation.

1. **Blais, R. K. & Maguen, S.** (2016). *Risk and resiliency correlates associated with MST in women Service Members and Veterans*. Manuscript in preparation.

### **Grants (Active)**

- 2015 - 2016      **Division 19 Military Psychology Research Award, APA**  
Role: PI  
\$5,000  
*Academic and mental health functioning in college-enrolled Veterans*
- 2014-present    **Division 19 Military Psychology Research Award, APA**  
Role: PI  
\$5,000 (in no cost extension)  
*Sexual functioning and relationship quality following military sexual trauma in female Veterans*

### **Other Funding (active)**

- 2016 – 2017    **Presidential Doctoral Research Fellowship (PDRF), Office of Research and Graduate Studies, Utah State University**  
Role: PI  
~\$91,200  
*Interdisciplinary PDRF in Military Clinical Psychology and Quantitative Methodology*
- 2015 – 2017    **National Institute of Mental Health Loan Repayment**  
Role: PI  
\$29,684.20
- 2015            **Undergraduate Research & Creative Opportunities, Honors' Program, Utah State University**  
Awardee: Danielle Christensen  
Role: Mentor  
\$1,500  
*Trauma and Touch: Apprehension of Touch in Victims of MST*
- 2014 - present    **Office of the Provost, Utah State University**  
Role: PI  
\$2,900  
*Academic and mental health functioning in college-enrolled Veterans*

### **Submitted Grants**

- 2016            **VA Merit Grant**  
Title: Toward Improving the Accuracy of MST Screening in VHA  
Role: Co-Investigator (25%)  
PI: Adi V. Gundlapalli, M.D., Ph.D., M.S.  
\$1,500,000

2016            **VA Informatics and Computing Infrastructure (VINCI)**  
Title: *VINCI Health*  
Role: Co-Investigator (25%)  
PI: Adi V. Gundlapalli, M.D., Ph.D., M.S.  
\$500,000

**Grants/Funding (Completed)**

2010            **Division 19 Military Psychology Research Award, APA**  
Role: PI (Graduate Student)  
\$1,500  
*The importance of attributions and stigma for psychological help-seeking in distressed OEF/OIF National Guard/Reserve troops post-deployment.*

2010            **Mariner S. Eccles Fellowship for Research in Political Economy,**  
University of Utah  
\$18,000 + personal health benefits  
**Graduate Research Fellowship**  
University of Utah  
\$18,000 + personal health benefits

2010            **Clayton Award for Research Excellence, University of Utah**  
Role: PI (Graduate Student)  
\$1,750  
*The importance of attributions and stigma for psychological help-seeking in distressed OEF/OIF National Guard/Reserve troops post-deployment.*

2003            **Connecticut College Social Sciences, Humanities, Arts, Research**  
**Program, Connecticut College**  
Role: PI (Undergraduate Student)  
\$3,000  
*A cross-cultural examination of sensation seeking and the power of social environments: Do social cues, representations, and the social learning theory influence smoking and gambling behaviors differently in Greece and the United States?*

**National and International Conference Presentations**

29. **Blais, R. K.,** \*Brignone, E., Fargo, J. D., & Gundlapalli, A. V. (November, 2015). *Rates of and reasons for reluctance to disclose true Military Sexual Trauma status.* Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.
28. \*\*Christensen, D. B., **Blais, R. K.,** & Renshaw, K. D. (2015, November) *Attributional biases in the likelihood of help seeking in victims of PTSD.* Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.
27. **Blais, R. K.** (August, 2015). Sexual functioning and relationship quality in women Veterans following MST. In **R. K. Blais** (Chair), *After MST: Understanding individual and family outcomes and barriers to care.* Symposium conducted at the annual conference for the American Psychological Association, Toronto, CAN.

26. **Blais, R. K., & Zickmund, S. L.** (August, 2015). *Somatic symptoms of depression predict Veterans' eligibility and initiation of HCV treatment*. Poster presented at the annual meeting of the American Psychological Association, Toronto, CA.
25. \*Xie, T., & **Blais, R. K.** (August, 2015). *State and trait risk factors for relational distress in partnered undergraduates with mild depression*. Poster presented at the annual meeting of the American Psychological Association, Toronto, CA.
24. Painter, J. M., A. K., \*Brignone, E., Gimlore, A. K., Lehavot, K., Fargo, J., Suo, Y., Simpson, T., Carter, M., **Blais, R. K., & Gundlapalli A. V.** (June, 2015). *Service utilization among men and women OEF/OIF Veterans with severe mental illness and substance use disorders*. Poster presented at the annual meeting of the VA Human Services Research and Development Conference, Philadelphia.
23. Gilmore, A. K., \*Brignone, E., Painter, J. M., Lehavot, K., Fargo, J., Suo, Y., Simpson, T., Carter, M., **Blais, R. K., & Gundlapalli A. V.** (June, 2015). *Military sexual trauma and co-occurring posttraumatic stress disorder, depressive disorders, and substance use disorders among OEF/OIF/OND Veterans*. Poster presented at the annual meeting of the VA Human Services Research and Development Conference, Philadelphia.
22. **Blais, R. K., Renshaw, K. D., & Stevens, N.** (November, 2014). *Etiological attributions for post-deployment distress relate to stigma perceived from others*. Poster presented at the 30th annual meeting of the International Society for Traumatic Stress Studies, Miami.
21. **Blais, R. K., Buehler, S., Hobfoll, S. E., Powell, L. H., Emery, E., & Rothschild, S. K.** (November, 2014). *Combination of moderate-severe depressive symptoms and PTSD is associated with higher disease burden in older urban adults: Findings from the BRIGHTEN Heart study*. Poster presented at the 30th annual meeting of the International Society for Traumatic Stress Studies, Miami.
20. **Blais, R. K., & Pietrzak, R. H.** (2013, November). Barriers and facilitators to mental health care utilization in older US Veterans. In **R. K. Blais** (Chair), *Mental Health Care Utilization for PTSD distress in US Veterans*. Symposium conducted at the annual conference for the International Society for Traumatic Stress Studies, Philadelphia, PA.
19. Walt, L., Stevens, N., **Blais, R. K., & Hobfoll, S. A.** (2013, November). Improving Quality-of-Life and PTSD and Depressive Symptoms for OEF/OIF Combat Veterans: Assessing the Benefits of Interactive, Internet-based Psychotherapy and Peer-to-Peer Support. In E. Newman (Chair), *Using Web-based Tools and Public Service Announcements to Address Trauma*. Symposium conducted at the annual conference for the International Society for Traumatic Stress Studies, Philadelphia, PA.
18. **Blais, R. K., & Renshaw, K. D.** (2011, November). Perceived and self-stigma as barriers to care in OEF/OIF Veterans with PTSD. In **R. K. Blais & M. Jakupcak** (Co-Chairs), *Mental health care utilization in OEF/OIF Veterans: Understanding treatment barriers and mechanisms of treatment engagement*. Symposium conducted at the annual conference for the Association of Behavioral and Cognitive Therapies, Toronto, CAN.
17. Jakupcak, M., & **R.K. Blais** (2011, November; Co-Chairs), *Inward and outward directed aggression and violence in Veterans of the Iraq and Afghanistan wars*. Symposium conducted at the annual conference for the Association of Behavioral and Cognitive Therapies, Toronto, CAN.

16. Campbell, S. B., **Blais, R. K.**, Renshaw, K. D. (2011, November). Hostile and non-hostile criticism: Associations with support and conflict are moderated by depression. In C. J. Fleming & K. W. Baucom (Co-Chairs), *Beyond satisfaction: An examination of the associations between depression, stress and new domains of relationship health*. Symposium conducted at the annual conference for the Association of Behavioral and Cognitive Therapies, Toronto, CAN.
15. **Blais, R. K.**, Chon, D., & Renshaw, K. D. (2011, November). *The association of attributions of controllability for psychological distress and stigma in returning OEF/OIF service members*. Poster presented at the annual conference for the Association of Behavioral and Cognitive Therapies, Toronto, CAN.
14. Bride, D., **Blais, R. K.**, & Renshaw, K. D. (2011, November). *Mindfulness and anger: The importance of studying specific facets of mindfulness*. Poster presented at the annual conference for the Association of Behavioral and Cognitive Therapies, Toronto, CAN.
13. Jakupcak, M. & **Blais, R. K.** (2011, November). *Stoicism and its association with barriers to mental health care among Iraq (OIF) and Afghanistan (OEF) war Veterans*. Poster presented at the annual conference for the Association of Behavioral and Cognitive Therapies, Men and Masculinity SIG, Toronto, CAN.
12. **Blais, R.K.**, Renshaw, K.D., & Smith, T. W. (2010, November). Negative affect and marital satisfaction: The importance of actor and partner anger. In K. Williams-Baucom (Chair), *Individual distress and relationship quality*. Symposium conducted at the annual conference for the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
11. **Blais, R.K.**, & Renshaw, K.D. (2010, November). The impact of one's own attributions for their depression on self-stigma and secrecy. In B. J. Deacon (Chair), *Attributional processes and stigma*. Symposium conducted at the annual conference for the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
10. **Blais, R.K.**, & Renshaw, K.D. (2009, November). Illness attributions and social support seeking intentions in romantic relationships. In R. Brock (Chair), *Moving beyond global relationship satisfaction: Targeting specific relationship processes in couples' research*. Symposium conducted at the annual conference for the Association of Behavioral and Cognitive Therapies, New York, NY.
9. **Blais, R.K.**, Renshaw, K.D., & Burton, S. (2009, November). *The role of childhood sexual abuse in PTSD and marital satisfaction in Afghanistan/Iraq veterans*. Poster presented at the annual conference for the International Society for Traumatic Stress Studies, Atlanta, GA.
8. **Blais, R.K.**, & Renshaw, K.D. (2009, November). *The role of perceived attributions for depressive symptoms in people's perceptions of criticism*. Poster presented at the annual conference for the Association of Behavioral and Cognitive Therapies, New York, NY.
7. Renshaw, K.D., **Blais, R.K.**, Caska, C.M., & Thomas, M. (2008, November). Perceptions of criticism from others: Differential effects on symptoms of depression and anxiety. In K.D. Renshaw & T.L. Rodebaugh (Co-chairs), *Interpersonal processes in anxiety and depression*. Symposium conducted at the annual conference for the Association of Behavioral and Cognitive Therapies, Orlando, FL.

6. **Blais, R.K.,** & Renshaw, K.D. (2008, November). *The impact of perceptions of spouse's negative emotions on one's own emotions*. Poster presented at the annual conference for the Association of Behavioral and Cognitive Therapies, Orlando, FL.
5. **Blais, R.K.,** & Renshaw, K.D. (2008, November). *Development and validation of The Illness Attribution Measure-Depression (IAM-D)*. Poster presented at the annual conference for the Association of Behavioral and Cognitive Therapies, Orlando, FL.
4. **Blais, R.K.,** & Renshaw, K.D. (2008, November). *The impact of personal and perceived attributions for depression on stigma*. Poster presented at the annual conference for the Association of Behavioral and Cognitive Therapies, Orlando, FL.
3. **Blais, R.K.,** & Renshaw, K.D. (2008, August). *Perceived criticism and willingness to seek social support in depression*. Poster presented at the annual conference for the American Psychological Association, Boston, MA.
2. **Blais, R.K.,** Renshaw, K.D., & Smith, T.W. (2007, November). *The relationship between psychopathology and marital satisfaction: Revisiting the importance of evaluating both partners*. Poster presented at the annual conference of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
1. Cho, H., D'Souza, D., Perry, E., **Blais, R.,** Donahue, L., & Krystal, J. (2005, April). *Nicotine reduces deficits in cortical information processing and cognitive function induced by ketamine in humans*. Poster presented at the annual conference of the International Congress on Schizophrenia Research, Atlanta, GA.

#### **Regional and State Presentations**

4. Christensen, D.B., & **Blais, R.K.** (2016, February). *Impact of military sexual trauma on PTSD and relationship quality*. Poster presented at annual Utah Conference of Undergraduate Research, Salt Lake City, UT.
3. Christensen, D.B., & **Blais, R.K.** (2016, January) *Impact of military sexual trauma on PTSD and relationship quality*. Poster presented at annual Research on Capitol Hill event, Salt Lake City, UT.
2. **Blais, R.,** & Chrisler, J. (2005, April). *The role of sensation seeking and social influence: A cross-cultural analysis of the gambling and smoking behaviors of Greeks and Americans*. Poster presented at the annual conference of the Eastern Psychological Association, Boston, MA.
1. Chrisler, J., **Blais, R. K.,** Broccoli, T., Patterson, C., Culver, K., Anvik, L., Gorman, J., & Warren, E. (2002, October). *Intimate relationships? How WB and Fox TV 'Do' dating and romance*. Symposium conducted at the annual meeting of the New England Psychology Association, Nashua, NH.

#### **Honors/Competitive Awards**

- |             |  |
|-------------|--|
| 2013        | <i>Research Travel Award, Division 19 (Military Psychology), APA</i>                                   |
| 2011        | <i>Student Research Travel Award, Division 19 (Military Psychology), APA</i>                           |
| 2011        | <i>Career Development Award, Department of Psychology, University of Utah</i>                          |
| 2009 – 2011 | <i>Commendations for All Around Graduate Performance, Department of Psychology, University of Utah</i> |
| 2009        | <i>Teaching Assistant Scholars' Program Certificate, University of Utah</i>                            |
| 2007 – 2008 | <i>Commendations for Research Excellence, Department of Psychology,</i>                                |



2006 – 2009 University of Utah  
*Letters of Recognition for Teaching Excellence*, Department of Psychology,  
 University of Utah

**Doctoral Dissertation Committees**

M=Member; C=Chair; CC=Co-chair

<u>Name</u>	<u>Title</u>	<u>Role</u>	<u>Year</u>
Ellen Bluett	Effectiveness of Acceptance and Commitment Therapy as a treatment for PTSD and moral injury.	M	2015-
Sarah Potts	TBD	M	2015 -
Ron Bean	TBD	M	2016-
Emily Brignone	TBD	M	2016

**Master Thesis /Second-Year Project Committees (Member):**

<u>Name</u>	<u>Title</u>	<u>Role</u>	<u>Year</u>
Emily Brignone	Military sexual trauma as an independent risk factor for post-deployment homelessness	M	2015
Jordan Kugler	TBD	C	2015-

**Honors Theses:**

<u>Name</u>	<u>Title</u>	<u>Role</u>	<u>Year</u>
Danielle Christensen	Trauma and Touch: Apprehension of Touch in Victims of MST	C	2015-

**Teaching Experience**

*Graduate*

Introduction to Educational and Psychological Research Methods

*Undergraduate:*

Introduction to Psychology  
 Undergraduate Abnormal Psychology  
 Undergraduate Social Psychology (online)  
 Undergraduate Research Methods  
 Connections

**Service Activities:**

2015 – Judge, Student Research Week, Utah State University  
 2015 – 2016 Search Committee, Utah State University, Eastern, Psychology  
 2015 – present Senator, Faculty Senate, Utah State University  
 2015 – present Member, Undergraduate Committee, Utah State University, Psychology  
 2014 – present Member, Steering Committee, Utah State University, Psychology  
 2014 – present Co-Chair, Program Committee, Division 19 Military Psychology (APA)  
 2013 – 2014 Intern Selection Committee, Member, Rush University  
 2011– 2013 Intern Selection Committee, Member, VA Puget Sound – Seattle Division  
 2011 – 2012 Clinical Training Committee, Intern Representative, VA Puget Sound –

Seattle Division

2008 – 2012 CUDCP, Departmental student representative, University of Utah

2010 – 2011 Student Mentorship Task Force, Member, Department of Psychology, University of Utah

2010 – 2011 1<sup>st</sup> year Clinical Mentorship Program, Coordinator, Department of Psychology, University of Utah

2008 – 2010 Graduate Committee, Representative, Department of Psychology, University of Utah

2008 – 2010 Student Advisory Committee, Member, Department of Psychology, University of Utah

2007 – 2008 Student Mentorship Committee, Student Mentor, Department of Psychology, University of Utah

2006– 2007 Clinical Training Committee, First Year Representative, Department of Psychology, University of Utah

2006 – 2007 Western Governor’s University, Exam Writer, Salt Lake City, UT

2002 – 2004 Psychology Advisory Board, Member, Connecticut College

**Review/Editorial Activities**

2015 – present Ad hoc Reviewer, Journal of Contextual Behavioral Sciences

2014 – present Ad hoc Reviewer, Epidemiological Reviews

2014 – present Ad hoc Reviewer, Psychiatry

2014 – present Ad hoc Reviewer, Anxiety Stress & Coping

2013 – present Program Reviewer, American Psychology Association -- Division 19

2012 – present Reviewer, Military Medicine

2011 – present Ad Hoc Reviewer, Journal of Clinical Psychology

2011 – present Ad Hoc Reviewer, Journal of Social and Personal Relationships

2008 – 2009 Reviewer, New School Psychology Bulletin

2003 College Department of Psychology Journal, Co-editor/Peer Reviewer, Connecticut College

**Professional Affiliations**

2015 – present Association for Behavioral and Cognitive Therapies

2010 – present International Society for Traumatic Stress Studies

2010 – present Military Psychology (Division 19), American Psychology Association

2008 – present American Psychological Association

2001 – present Psi Chi

2007 – 2012 Association for Behavioral and Cognitive Therapies

2008 – 2009 Utah Psychological Association